

Human Services Directory 2008



**Five County
Association of
Governments**

Updated September 23, 2008



COMPREHENSIVE
MENTAL HEALTH
& SUBSTANCE
ABUSE SERVICES

Southwest Behavioral Health Center does not discriminate against anyone on the basis of age, race, creed or religion, color, disability, sex, national origin or political affiliation.

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- **Medicaid Clients Accepted**

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(435) 867-7655

BEAVER COUNTY

75 West 1175 North
Box 1485
Beaver, UT 84713
(435) 438-5537

KANE COUNTY

310 S. 100 E., Suite 11
Kanab, UT 84741
(435) 644-4520

GARFIELD COUNTY

609 N. Main St., Suite 6,
P.O. Box 579
Panguitch, UT 84759
(435) 676-8176

Toll Free:

1 (800) 574-6763
or visit us on the web!
southwestcenter.com

Five County AOG

Human Services Directory

Printed February 2008

This Directory is published with Community Services Block Grant funding distributed through the Human Services Department of the Five County Association of Governments. It is targeted primarily to the underserved population, however, many services apply to all levels of income and need.

Inclusion in the directory does not constitute endorsement by Five County Association of Governments or any other agency, person, or entity represented, or involved in the directory's production. This Directory is a collection of human service and health care information—including agencies, programs, and other resources designed to promote health and independence for residents of the Five County region.

If you have comments, questions, concerns, or a desire to have information added to or removed from this Directory, please mail, fax or email all comments to Kathleen V. Nielson at any of the following addresses:

Email	kathleen@infowest.com
Mail	P.O Box #2, Santa Clara, UT 84765
FAX	435-674-1762
Phone	435-229-8310

If you wish to purchase a directory, contact Kathleen at the above address, or the receptionist at Five County AOG 435-673-3548.



“All Community Agencies Have Unique Purposes & Share Common Objectives to Serve the Public”

The Washington County Human Services Community Council is a collaboration of more than 65 different human service and non-profit agencies working together to meet the needs of men, women, and children in southwestern Utah.

H  PE

PREGNANCY CARE CENTER

THERE'S ALWAYS H  PE

Our purpose is to provide women and men with practical, emotional, and spiritual support when facing unwanted or unplanned pregnancies.

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- Government and community referrals
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Hope Pregnancy Care Center



HAVE A HEALTHCARE QUESTION?

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FOR SENIOR HEALTH ISSUES:

435.688.4123

PRIME Senior Services

600 South 300 East

In the Knight Education Center

FOR QUESTIONS ABOUT CANCER:

435.688.5057

Huntsman-Intermountain Cancer
Education Center

544 South 400 East

On level two of the hospital's cancer center

**FOR GENERAL HEALTHCARE
QUESTIONS ON ANY TOPIC:**

435.251.2222

Community Health Information Center

1380 East Medical Center Drive

Just inside the South Main Entrance

Office hours are from 9 a.m. to 5 p.m.

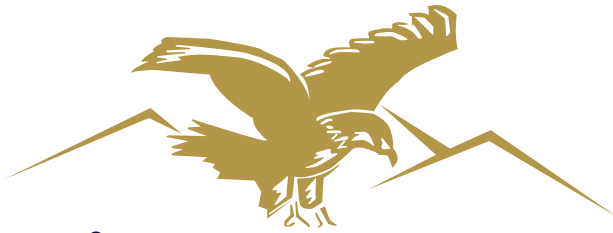
Monday through Friday.



Southern Utah Division of Services to the Deaf and Hard-of-Hearing

- Assistive technology demo lab (phones & tech devices)
- Education classes & Sponsored events
- Individualized service and Case Management
- Community outreach programs
- Support groups
- Library check-out of books and videos
- TTY and video phones available when calling

1067 East Tabernacle, Suite 9 • St. George, UT • 435-673-8974



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Your Protection
Your Family



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Life Threatening Emergencies

Call dispatch for all calls non life-threatening:

Washington County Dispatch.....	435-634-5730
St. George Police Dispatch.....	435-634-5000
Iron County Dispatch.....	435-867-7500
Kane County Dispatch	435-644-2349
Garfield County Dispatch	435-676-2678
Beaver County Dispatch	435-438-2466

Call 211

Referral for Health and Human Services

Call 511

Utah Highway Road and Travel Conditions

Free travel information that offers statewide updates on transportation, including traffic, winter road conditions, public transit, and Lake Powell Ferry services.

Call 711

Statewide and Nationwide Telephone Relay #

Telephone relay number that connects standard (voice) telephone users with the deaf, hard-of-hearing, and/or speech disabled people who use text telephones (TTYs).

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AA (Alcoholics Anonymous)

Description

Closed and Open meetings. Closed meetings are for AA members only, or for those who have a drinking problem and have a desire to stop. Open meetings are available to anyone interested in the Alcoholics Anonymous program of recovery from addiction. Discussions at meetings are to be confined to matters relating to recovery.

Contact # **435-674-4791**.....24-hour number.

Check The Spectrum newspaper for local meeting times.

Address

Alano Club, **435-673-0608**, 559 North 1060 East, St. George, unless otherwise stated. Other meetings in Beaver, Milford, Minersville, Panquitch, Kanab, Fredonia and Hurricane. All meetings are open and non-smoking unless otherwise noted.

See Also: AL-ANON and ALA-TEEN Support Groups in this directory.

Acute In-patient Rehabilitation Unit

See: Dixie Regional Medical Center Acute In-Patient Rehabilitation listing in this directory, **page 46**.

Addiction Behavior Counseling Classes

Description

A substance abuse rehabilitation program.

Location:

Doctor's Volunteer Clinic; 1036 E. Riverside Dr., St. George

Phone: **435-656-0022**

Adult and Children Health Services

Description

This program has now expanded to a full program with clinical services.

See: Southwest Utah Community Health Center in this directory, **page 144**.

Adult Education @ Dixie State College

See: Dixie State College Southwest High School Learning Center in this directory, page 50.

Adult High School in Cedar City

Description

Course work offered for completion of high school diploma; expansion of literacy; GED preparation; courses offered as desired for high school graduates; and ESL (English as a Second Language)

Services

Courses range from basic education to college preparation.

Eligibility

Please call for eligibility requirements.

Fee

Based upon program and level of education entering .

Hours

8:00AM-9:00PM, Monday-Thursday; 8:00 AM-3:00 PM Friday.

CEDAR CITY

Phone 435-586-2870
Contact Principal Dennis Heaton
Email dennis.heaton@iron.k12.ut.us
Address 510 West 800 South
Cedar City, UT 84720

Adult Protective Services

Description

Investigation of possible abuse, neglect or exploitation of disabled adults and elderly. Coordinate with police, courts or other community services to stop, or prevent such abuse, neglect or exploitation. Short term counseling and crisis intervention. Referral of client and family to community support resources. Public education on disabled and elder abuse.

Services

Intake, investigation, supervision, adult supervision, adult day care, adult foster care and protective financial arrangements. All referrals must go through 1-800-371-7897. Cases then distributed locally.

Eligibility

The following three elements are present. a) Victim is 18 years or older, b) Physically or mentally ill, disabled or unable to provide necessities, or care for self, c) The person reporting suspects there may be abuse, neglect, or exploitation.

Fee

Free of charge.

Fee may be assessed for ongoing services if eligible.

Hours

8AM-5PM Monday-Friday. After hours please contact your local law enforcement or child protection agency.

All referrals: 1-800-371-7897.

Advanced Care Home Medical & Oxygen

Phone 435-688-0440

Address 376 Sunland Drive #1b, St. George

Advanced Directives

Description

Access to forms:

Living wills and medical power of attorney for UT from utah.gov or http://hsdaas.utah.gov/advance_directives.htm **See page 160.**

Aging and Adult Services

See listings under Senior Services in Services Index of this directory.

See also: <http://hsdaas.utah.gov/index.htm> website

AHEC Program

Description

AHEC Program provides resources for students, parents, teachers and counselors to encourage more rural youth to pursue careers in health care and to assist them in achieving their training goals. Resources and links provided include student interest inventories, directory of training programs and information on many health related jobs.

Services

Clinical training opportunities for students enrolled in health professions training programs are readily available in most of the rural Utah counties. The Center will assist students in finding a preceptor, lodging and other logistics while performing the clinical rotation.

Office Hours	8a.m. - 5p.m. Mon.-Fri
Contact	Rita Osborn, Associate Director
Phone	435-865-8520
Email	Osborn@suu.edu
Location	Cedar City
Phone	435-865-8453
Fax	435- 865-8425
Address	Utah Center for Rural Health Southern Utah University 351 University Blvd, ELC 115 Cedar City, UT 84720

AIDS

See: HIV-AIDS Task Force of Washington County in this directory,
Page 78.

AL-ANON Support Group

Description

Support for those whose friends or relatives are alcoholic or suffer from other forms of addiction.

CENTRAL #	435-674-4791
ST. GEORGE	435-635-8590; 628-8892
CEDAR CITY	435-865-0532
BEAVER	435-438-2654
KANAB	435-644-3397

ALA-TEEN Support Group

Description

ALA-Teen is an organization that helps children who have family members or friends who are alcoholics and/or addicts.

Central #	435-674-4791
ST. GEORGE	435-673-0236, Lee

Alliance for the Mentally Ill Support Group

ST. GEORGE

Phone	435-688-9458
Contact	Ruth Pace

All-Med Medical Supply and DME

Phone	435-673-5540
Address	946 West Sunset Dr., St. George

Alpine Home Medical Equipment

Phone	435-674-0080	42 South River Road, #10, St. George
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ALS Support Group

Location Zion's Way Hospice
Phone 435-688-0648
Address 192 East 200 North, Suite 101, St. George, UT

Alzheimer's Association - Utah Chapter

Southern Region Office

Phone Office 435-628-8656 Toll Free 1-888-673-8656
Contact LuAnn Lundquist, Regional Manger
Fax 435-688-8540
Address 94 East Tabernacle - Kemp Griffin Building
St. George, Utah 84770
Email luann.lundquist@alz.org
Website www.alz.org/utah

Call for information on support groups in Washington and Iron Co.

Alzheimer's Disease and Dementia Caregiver Time-out

Description

Lunch and activities provided for victims of Alzheimer's disease and other memory loss difficulties. This provides a break for caregivers. Call to see if overnight care is available.

Hours Daytime only, Monday-Saturday.

ST. GEORGE 435-634-0202

Address Beehive Homes
1542 West 1170 North, St. George, UT 84770

American Cancer Society

Services Classes and support groups.

Contact Joe Christopher (For all information)
Phone 435-680 2127
National 1-800-ACS-2345
24 Hour Cancer Answer line staffed with health care professionals
Statewide 1- 800-234-0533
Website www.cancer.org Cancer Survivors Network
See Also: Cancer Support Groups (General) in this directory.

American Red Cross

Description

To help individuals and communities prepare for, cope with and respond to disasters and other emergencies. Blood donations.

Services

Disaster services. Provides prompt relief to victims of disasters. Conducts disaster education in the community. Trains people for state and national disaster response.

Eligibility Emergency need.

Fee None.

Hours 1PM-5PM Monday, Tuesday & Friday
9AM-1PM Wednesday & Thursday

ST. GEORGE 476 E. Riverside Dr., St. George, UT 84790

Phone 435-674-4440

FAX website: www.utahredcross.org

EMERGENCY: 1-800-328-9272

American Red Cross Dixie Donor Center

Description

Area residents can give blood locally at the Dixie Donor Center.

Services

Blood donors are needed. There is a particular need for donors giving RH negative blood, but all blood types are in constant demand.

Fee None.

Hours

Wednesdays--2:00 PM--7:00 PM, Thursdays--1:00 PM--6:00 PM, Fridays--9:00 AM--1:00 PM. Appointments are necessary and may be scheduled during business hours on weekdays by calling **1-800-448-3543**.

ST. GEORGE

Phone 435-628-1233

FAX 358 West St. George Blvd.
St. George, UT 84770

On-site donations available in outlying areas. Call for information.

AmeriPlan

Description

Low cost health benefits. Discounted fees on health, dental, vision, prescription and chiropractic services.

Phone 435-628-1595; Toll Free 1-888-858-3778
Email Tim@dentalguy.net
Address 233 Cottonmill East, P.O. Box 154
Washington City, UT 84780

Anger Management Support Group

Part of the Life Skills Course, the Anger Management sessions get people to consciously change their incorrect thoughts about themselves and the way they perceive the world. Participants learn the skills of conflict resolution and problem solving as part of this intense and comprehensive curriculum that confronts distorted thinking and presents new cognitive and emotional abilities.

Eligibility None.
Fee None.
Hours Call for information.

ST. GEORGE

Contact Dixie Care and Share
Phone **435-628-3661**
Address 131 North 300 West
St. George, UT 84770

ST. GEORGE

Contact Cathy Beckwith
Phone **435-652-2976**
Address Department of Human Services
377-A East Riverside Drive
St. George, UT 84790

Apria Healthcare

Phone **435-628-5222**, 1478 South 270 East, St. George



Applegate HomeCare & Hospice

Description

Home health and hospice agency providing complete Home Care services following surgery or other acute illnesses and Hospice Care providing patients with physical, emotional and spiritual comfort at end-of life.

Services

HomeCare Team offers skilled nursing care including RN's and LPN's who provide detailed assessments, interventions and manage all aspects of home care; CNA's who aid with activities such as bathing, hygiene, dressing and other personal care; Physical Therapists who facilitate improvements in walking, balance and mobility skills; Occupational Therapists who restore daily living skills such as dressing and bathing; Social Workers who provide links to additional services in the community and intervention related to a patient's medical condition, as well as wound care, infusion therapy and lymphatic massage.

Hospice Team includes all of the above in addition to Chaplains, Music Thanatologist, Bereavement Counselors and Volunteers.

Eligibility Need.
Fee

The cost of home care is covered by Medicare, Medicaid, private payment and many insurance policies.

Hours 24-hour full agency response.
Contact Carolyn Stuercke

ST. GEORGE

Phone **435-628-1569**
FAX 435-634-9480
Email carolyns@applegatehomecare.com
Address 1490 East Foremaster Dr. Suite # 340
 St. George, UT 84790

ARC of Washington County

The Arc of Washington County advocates and assists people with learning and developmental disabilities. We provide guidance for needed services, social interaction, individual and legislative advocacy for people with intellectual disabilities.

Phone 435-619-5067
Contact Terry Hawks, Director
Hours 9:00 A.M.-5:00 P. M. Monday through Friday
Address 334 West Tabernacle #F
St. George, Utah 84770
Email TDHawks@sisna.com

Area Agency on Aging

Five County AOG Program

Description

Nutrition counseling, home delivered meals, congregate meal support, senior centers, protective services, in-home services, transportation, outreach, friendly visits, resolves complaints. Services are available to seniors living at home and also in care centers and rest homes

Overseen by Beth Cottam; (435) 673-3548; Fax (435) 673-3540
Address: Five County Association of Government
1070 W. 1600 South, Bldg. B, St. George, UT 84770

Contact by County

Washington Betty McCarty
435-634-5743; bemccart@washco.state.ut.us
Iron Connie Lloyd
435-477-8385; connie@ironcounty.net
Beaver Pam McMullin
435-438-5313; beaverseniors@infowest.com
Garfield Donna Chynoweth
435-826-4317; seniorcenter@scinternet.net
Kane Fayann Christensen
435-644-4965; KSCCORD@Kanab.net

See also: Website <http://hsdaas.utah.gov/index.htm> through the utah.gov website. It provides multiple pieces of information for seniors and all aging populations

See Also: **Senior Centers** for nutrition sites page 127.

Arthritis Foundation

Phone 1-800-444-4993

1-801-536-0990

FAX 1-801-536-0991

Website www.arthritis.org

Autos for Arthritis

We can accept donations of most vehicles.

Go to this web site:

<http://www.arthritis.org/autos-for-arthritis.php>

or you can call 800-905-4931.

Asthma, Lung Support Group

ST. GEORGE

Phone **435-251-1000**

Contact Scott Daniel

Address Dixie Regional Medical Center

Baby Your Baby

Southwest Utah Public Health Department Program

Description

Resources for pregnant women; Prenatal education

Eligibility

Pre eligibility for Medicaid

Locations

See address details for all the Five-County area under **Southwest Utah Public Health Department** in this directory.

Main Office

Phone **435-673-3528 ext. 2543**

Toll-free hotline **1-800-826-9662**

Beaver County Food Network

See: **Emergency Food Bank in Beaver** in this directory, **page 57**.

Beaver Medical Clinic (Doctor Offices)

BEAVER

Phone **435-438-7280**, 1059 North 100 West, 84713

MILFORD

Phone **435-387-2471**, Address 451 North Main, 84751
9:30 AM-4:30 PM Monday-Thursday; 9:30 AM-12:00 Noon, Friday.
Emergency Services 24 hours a day at Beaver Valley Hospital.

Beaver Valley Home Health & Hospice

Description

Skilled nursing, physical therapy, home health aide and medical supplies. Medicare and Medicaid certified.

Services

To offer an alternative for members of the community who are in need of medical care on a regular basis but may not be candidates for residential facilities.

Eligibility Need.

Fee Varies.

Hours

8:00AM-4:00PM Monday-Friday, On-call staff Sat., Sun. and evenings.

BEAVER

Phone 435-438-5481

Address 85 North 400 East, PO Box 579
Beaver, UT 84713

Beaver Valley Hospital and Long Term Care

Description

A 20-bed acute and swing bed skilled nursing facility with an additional 36 Long Term Care beds, special clinics and physical therapy. Four doctors and one PA.

Services

To provide medical services to the Beaver County area.

Fee Varies.

Hours 24-hours.

BEAVER

Hospital 435-438-7100

Long-term Care

Phone 435-438-7263

Address 1109 North 100 West
Beaver, UT 84713



Beehive Homes

Description

Assisted residential living and Alzheimer's/dementia assisted living. Home-style atmosphere, individual or shared rooms and home-cooked meals.

Services

To provide quality care for those in need of residential care.

Fee

Private Resources, New Choice Waiver, Long-Term Care insurance, Veterans Administration (VA) program.

Hours 24 Hours.

Contact Mark Corey for inquiry of availability

Phone: 435-619-0499

Beehive Homes Facilities:

ST. GEORGE Locations w/ Alzheimer and Dementia Focus

1542 West 1170 North, 84770 435-634-8321

1555 West 1170 North, 84770 435-634-0202,

ST. GEORGE General Assisted Living

2041 South Mesa Palms (A), 84770 634-1119

2041 South Mesa Palms (B), 84770 634-0097

1078 South Mesa Palms Coming Soon

WASHINGTON CITY

1122 North Coral Canyon Blvd. 435-634-0437,

Washington City, Utah 84780

HURRICANE

831 South 700 West, 84737 435-635-2322

Additional facility Coming soon

CEDAR CITY

332 South 400 East, 84720 435-867-8641

Website for all Beehive Homes: www.beehivehomes.com

Beehive Homes Respite Program

Description

Benefits to the caregiver: "Time Out" break from caregiving duties: opportunity to go shopping, rest, clean house, visit with friends, etc. When regular breaks are taken better care can be given and for a longer period of time.

Services

Benefits to participant are increased recreational activity, increased socialization, decreased behavioral difficulties, break from caregiver, great food prepared homestyle.

Eligibility Call for details.

Fee Call for details.

ST. GEORGE

Phone **435-634-0202**
Address 1542 West 1170 North
St. George, UT 84770

Bereavement

Description Support for persons who are suffering loss.

Applegate HomeCare and Hospice	435-628-1569
Dixie Regional Medical Center	435-688-4567
Hospice Alliance	435-656-2889
Kolob Care & Rehabilitation/St. George	435-688-1207
Odyssey Health Care	435-674-4744
Southern Utah Homecare and Hospice	435-634-9300
Sr. Citizens Center	435-674-4744
Ted Worthen Center for the Terminally Ill	435-656-4855
Valley View Medical Center	435-586-6587
Zion's Way Hospice	435-688-0648



Big Brothers Big Sisters of Utah

Description

Big Brothers Big Sisters are, foremost, friends to children.

Services

Big Brothers Big Sisters share everyday activities with children—exploring new horizons and experiencing the joy that simple moments of friendship can bring. Within those little moments lies the big magic that a Big Brother or Big Sister brings to the life of a young person.

ST. GEORGE

Director Terry Iverson
Phone 435-986-9776
Address 285 West Tabernacle #305
St. George, UT 84770

Blind Support Group

Description

Support group for blind persons and their families.

ST. GEORGE

Contact Ciel Stevenson
Phone 435-673-7501
Address Red Rock Center for Independence
515 West 300 North #A
St. George, UT 84770

Brain Injury Support

Phone 435-656-1711

Breast Cancer Support Group

Location Dixie Regional Medical Center
Phone 435-628-6782 (Patti Lusby)
435-673-6078 (Carol Mortensen)

Breastfeeding Education

See: Women Infant & Children (WIC), under Southwest Utah Public Health Department in this Directory

Breastfeeding Support

Description

Support for mothers who are breast feeding: Advantages of breastfeeding, childbirth, the new baby at home, art of breastfeeding and overcoming difficulties, nutrition and weaning.

ST. GEORGE

Phone 435-673-6613
Contact Linda Hill
Location Southwest Utah Public Health Department

ST. GEORGE

Phone 435-688-5440 Leave name and number if no answer.
Contact Kayleen, Valerie, or Kerry Ann
Location Dixie Regional Medical Center Lactation Specialist

Bringing Hope to Single Moms

Description

Support group for single moms. Established through the Utah State University Extension Service.

Hours 7 P.M. on Tuesdays. Call for information.

CEDAR CITY

Phone 435-867-0740

Contact Lisa Silvas

Email lisalousilvas@yahoo.com

Website www.bringinghope.net

Area served Beaver, Piute, Sevier, Iron, Garfield, Kane San Juan, Wayne and Washington Counties

Address 585 North Main, #5
Cedar City, UT 84720

Bureau of Eligibility Services

See: Department of Workforce Services in this directory.

Cancer Support Group (General)

ST. GEORGE

Phone 435-688-4175, Dixie Regional MC Cancer Services

Description

For all cancer patients, their families or caretakers. A nurse and counselor will meet with other cancer survivors to answer questions and provide support. Provided by Dixie Regional Medical Center, St. George. Please call for specific information.

Cancer Support Groups in Washington County

Contact Joe Christopher, American Cancer Society

Phone 435-680-2127

Cancer Education Library at Dixie Regional Medical Center

Phone 435-688-5057 No admission fees.

Located at DRMC 400 East Campus. Enter at 600 South main door.

Canyon Creek Women's Crisis Center

Description

Shelter and assistance for survivors of domestic violence, rape and sexual assault in Iron, Beaver and Garfield Counties.

Services

Provide emergency housing, food and clothing, and referrals to other helping agencies for battered women and their children. Provide counseling, support groups, assistance in devising a self-sufficiency plan and goal setting. Women may stay at the shelter up to thirty (30) days per calendar year.

Eligibility Women at risk for domestic violence.

Fee None

Hours

24 hours a day. Answering services for after-hour emergencies.

CEDAR CITY

Phone **435-867-9411; 435-867-6149**
435-865-7443 Domestic Violence Crisis Line
435-867-6149 Sexual assault
1-888-421-1100 24-Hour
Rape and Sexual Assault Crisis & Info Line
Address P.O. Box 2081, Cedar City, UT 84721

Car Seats for Children

See: **Injury Prevention** under **Southwest Utah Public Health Department** in this directory, **page 146**.

Care and Share Food Banks Information

See: **Emergency Food Bank** entries in this Directory.

Caregiver Support Program

Five County AOG Program

Description

The National Caregiver Support Program provides intermittent and/or time-limited relief to care-givers of adults who are suffering chronic long-term illnesses or conditions where the level of such care-giving responsibilities creates extreme stress and other sources of informal relief are not sufficient.

Services

Information/Outreach; Assistance; Training; Support Groups; Counseling; Respite; Supplemental Services.

Eligibility

The care receiver must be 60 years of age. Level of care-giving creates extreme stress according to assessment scoring.

Hours 8 AM - 5 PM Monday - Friday.

Location—All of area served by the Five County Association of Governments

Contact	Carrie Schonlaw
Phone	435- 673-3548
FAX	435- 673-3540
Email	cschonlaw@fcaog.state.ut.us
Address	1070 West 1600 So Bldg B, P.O. Box 1550, St. George, UT 84770

Caregiver Support with National Family Caregivers Association (NFCA)

Phone 1-800-896-3650. info@nfcacares.org

NFCA is a grass roots organization created to educate, support, empower and speak up for the millions of Americans who care for chronically or terminally ill, aged or disabled loved ones. NFCA espouses a philosophy of [self-advocacy](#) and self-care that is predicated on the belief that caregivers who choose to take charge of their lives, and see care-giving as but one of its facets, are in a position to be happier and healthier individuals. NFCA strives to minimize the disparity between a caregiver's quality of life and that of mainstream Americans. NFCA strives to minimize the disparity between a caregiver's quality of life and that of mainstream Americans. Services for family caregivers are noted below:

A Newsletter: [Take Care! Self Care for the Family Caregiver](#) - An information-rich newsletter providing can-do advice, helpful resources, real-life Q&A, and stories about other family caregivers.

Professional caregiver advisory services: An 800 number and Internet access to help you gather information and make decisions. 1-800-896-3650.

Prescription Drug Discount Program that entitles NFCA members to participate and save up to 30% on maintenance prescriptions.

[Bereavement Kit](#) Should the need arise for a family caregiver this kit is available to help former caregivers deal with grieving.

For More Information: National Family Caregivers Association, 10400 Connecticut Avenue, #500, Kensington, MD 20895-3944, 1-800-896-3650 (ph) info@nfcacares.org .

Reading Material and Resources for Caregivers:

Share the Care. American Cancer Society. 1-800-224-2345

Taking Time: Support for People with Cancer and the People Who Care About Them:

1-800-4Cancer (1-800-422-6237).

Career Planning and Placement at Dixie State College

See listing under Dixie State College, page 48.

Career Services SUU

See Southern Utah University Student Success Center, page 137.

Catholic Thrift Shops

Description

Thrift Shops that provide very low-cost clothing and household items to the public.

St. George Catholic Thrift

Hours 10:00 AM-5:00 PM Tues-Fri, 10:00 AM-3:00 PM Sat.
Phone **435- 673-0849**
Address 259 West 200 North
St. George, UT 84770

Ye Olde Catholic Thrift Shoppe

Phone **435-865-9674**
Hours Th, F, S 10 AM--4 PM
Address 76 East Center Street #3
Cedar City, UT 84720

Cedar Area Transit System (CATS)

Call for details: **435-865-4510**

Cedar City Low-Income Clinic

Description

Offers low-cost medical and mental health visits (\$20. per visit) and low-cost dental services (prices vary) for those who fall below 200% of the Federal Poverty Guidelines. Prescription assistance is also available.

Services

Call for days and times.

Contact Rita Osborn for more information.

CEDAR CITY

Phone **435-865-8520**
Address Cedar City Low-Income Clinic
1303 North Main Street, Cedar City, UT 84720

Programs (CHIP, Medicare or Medicaid), and do not have a family income that exceeds 150% over the Federal Poverty Guidelines.

Hours

Tuesdays from 4:00 PM to 6:00 PM. Call for details and specific information.

Cedar City

Phone **435-865-8520**
Address Valley View Medical Center
1303 North Main, Cedar City, UT 84720

Celiac Disease Support Group

Contact Brenda Carman
Phone 435-862-7935
Email brendacarman@aol.com

Child Abuse Prevention

Contact **CHILDREN'S JUSTICE CENTER**
Refer to full information under heading in this directory.

Phone 435-634-1134
FAX 435-673-1785
Email cjc@infowest.com
Address 441 East 500 South
St. George, UT 84770

Contact Local Police in emergencies.
See: **Emergency Numbers Section** at beginning of this directory.
Also contact: **Division of Child and Family Services**
(Check listing in this Directory under heading)

Child Car Seat Program

Provided through the Southwest Utah Public Health Department

Description For Injury Prevention

Services Free car seat checks
Discount car seats for low income families

Phone 435-986-2564

See address details for all the Five-County area under:
Southwest Utah Public Health Department in this Directory

Child Care Resource and Referral

Description

Child Care Resource and Referral Western Region is a part of a state-wide system of child care resource and referral agencies. The Western Region consists of the following counties: Beaver, Garfield, Iron, Juab, Kane, Millard, Piute, Sanpete, Sevier, Washington, and Wayne.

Services

Child Care Resource and Referral is a community clearinghouse on child care issues and information.

Parents looking for child care can get referrals to care that matches their criteria, consumer education on quality indicators, cost factors and information on child care options.

Child Care Providers get referrals to their programs, start-up help, grants, training, technical assistance, access to a lending library, materials, etc.

The Community can access information on child care supply and demand data, forums to address local area child care issues, coordination of statewide programs and development of new child care resources.

Fee

Most services are free to the public. There is a slight fee charged for training.

Hours

Monday - Friday, 8:00 AM - 5:00 PM.
Training offered nights and weekends.

Website www.childcarehelp.org

ST. GEORGE

Phone **435-628-4843**
Address 1070 West 1600 South, Bldg. B.
 St. George, UT 84770

CEDAR CITY

Phone **435-586-8722**
Address 88 East Fiddlers Canyon Road, Suite H
 Cedar City, UT 84720

Toll Free

Training Information - **1-800-543-7527**

Childbirth Classes

Description

Prenatal and Lamaze classes for expectant mothers. Some classes include infant care.

Services

Classes taught by caring professionals who offer education and support for the expectant mother. Especially important for the first-time mom. Special classes taught for single moms.

Fee

Call for information and specifics on each program. Fee varies. Medicaid accepted.

ST. GEORGE

Phone 435-251-2222

Registration through the Community Health Information Center, DRMC.

CEDAR CITY @ Valley View Hospital

Phone 435-868-5150

Children with Special Health Care Needs

Southwest Utah Public Health Department Program

Description

Pediatric specialists provide evaluation and clinical diagnosis for orthopedic, neurology, cardiology, cleft lip/palate, ADD, ADHD, autism, behavior, speech, motor skills, and hearing.

Services

Evaluations/diagnoses.

Eligibility Birth - 18 years.

Fee Sliding Scale Fee.

Public Health Program

See: Southwest Utah Public Health Department listing in this directory for phone and address numbers throughout the Five County Region.

Children's Aid Society of Utah

Description

Pregnancy counseling and personalized adoptions.

Services

Unplanned pregnancy counseling to women of all ages. Information given on options of parenting and adoption. Assistance in accessing medical care and community resources. Adoption services to infertile couples. Open adoption available.

Eligibility

None.

Fee

None.

Hours

9:00 AM-5:00 PM Monday-Friday.

After hours availability.

OGDEN

Contact

Sharon Waddoups

Phone

1-800-273-8671

Address

652 26th St.

Ogden, UT 84401

Children's Discovery Learning Center

See: **Discovery Clubhouse** listing in this directory, **page 42**.

Children's Health Insurance Plan (CHIP)

See: **Department of Workforce Services** this directory for complete listing and information, **pages 34, 35**.

Children's Justice Center

Description

The Children's Justice Center is a homelike facility that serves children who have been physically or sexually abused. The Center is designed to help children feel safe and comfortable while they are being interviewed regarding the alleged abuse.

Services

Children visit the center while investigators meet with them and their parents. They assess the needs of the children and the families regarding support services. The child's progress is followed through the investigation, court involvement and completion of treatment. Ongoing coordination with involved agencies ensures that the case is approached in the child's best interest, and minimizes those cases that fall through the

cracks. The goal of the Center is to increase the effectiveness of protecting children, reduce trauma and help children and their families recover from a difficult experience. In addition, the staff at CJC transcribe the audio tapes of the interviews providing the investigator and prosecutor with a complete transcript of the victim's statement to be used in making their charging decisions. English and Spanish spoken.

Director Patricia Sheffield
Eligibility All with needs are welcome.
Fee None.
Hours 8 AM-5 PM, Monday-Friday.

ST. GEORGE
Phone **435- 634-1134**
Email cjc@infowest.com
Address 441 East 500 South
St. George, UT 84770

Choose to Work Program

See: Department of Workforce Services Programs in this directory, pages 34, 35.

Church of Jesus Christ of Latter-day Saints

See individual listings for the following programs:
Deseret Industries, page 38.
LDS Family Services, pages 97, 98.
LDS Family Services Addiction Recovery Programs, page 98.

Cliff View Senior Living Community

Description Assisted residential living.
Services Quality care for those in need of residential care.
Fee Private Resources.
Hours 24 Hours.

ST. GEORGE
Phone **435-628-1117**
Address 134 West 2025 South Circle St.
St. George, UT 84770

Cocaine Anonymous 12-Step Support Group

Description

Support group for those desiring to make appropriate changes in their lives.

Hours Call for details.
Phone **435-674-4791**

Co-Dependents Anonymous

Description

A 12-step group whose common purpose is to develop healthy relationships.

Hours 7:30 P.M. on Tuesdays.

ST. GEORGE

Phone **435- 668-3020**
Contact Barb
Location Grace Episcopal Church
1072 East 900 South
St. George, UT 84790

Color Country Community Housing Inc. (CCCHI)

Description

A non-profit community housing development organization (CDH0).
Founded and sponsored by Five County Association of Governments.

Services

To help individuals in the Five-County Region by developing affordable housing opportunities and fostering community partnerships. They assess and improve the affordable housing needs of each individual community and help individuals accomplish the goal of finding adequate housing through various programs.

Eligibility

Residence in the Five-County Region. Call for specifics.

Hours 8AM-5PM, Monday-Friday.

ST. GEORGE

Phone **435-673-3131**
Address 139 North 100 West
P.O. Box 910730
St. George, UT 84770

Comfort Cottage Residential Care

Description Private rooms, dietician approved meals, 24-hour supervision.

WASHINGTON

Phone **435- 628-8329**
Address 155 North 300 West
Washington, UT 84780

Communicable Diseases

See all the Five-County area under Southwest Utah Public Health Department in this Directory

Community Action Program Five County AOG Program

Description

We are the local Community Action Agency serving southwest Utah. We work toward mitigating the causes and conditions of poverty in the region through a variety of means including employment, education, housing, transportation and emergency assistance.

St George

Contact Beth Cottam
Phone **435-673-3548**
Fax Number: 435-673-3540
Address Five County Association of Government
1070 W. 1600 South
St. George, UT 84770

Community Counseling of Southern Utah

Description

Community Counseling of Southern Utah is a State licensed and staffed, non profit agency offering a FULL spectrum of cost sensitive counseling services with most insurance plans accepted.

ST. GEORGE

Phone **435-652-4142** (confidential voice mail)
Address 168 North 100 East #204
St. George, UT 84770
SW Community Health Center Building 2nd Floor

Community Emergency Response Program Teams (CERT)

Description

The Community Emergency Response Team (CERT) Program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their communities.

Contact

Washington County CERT

Ron Sappington

435-467-4552

rons@eoc.washco.state.ut.us

Iron County CERT

Southern Utah

Joe J. Curfman

435-867-7329

curfmanj@yahoo.com

Garfield County CERT

Sandra Francisco

435-679-8669

stitchy@color-country.net

Kane County CERT

Keith McAllister

435-644-2534

kanabc@kanab.net

Community Health Clinic

See: Southwest Utah Community Health Center in this directory, page, 144.

Community Health Information Center (CHIC)

Description

Community Health Information (CHIC Center) is a personally assisted free-of-charge library of information on health topics, medications, treatments, and procedures. The center features a licensed health information programs in a variety of languages.

Services

The CHIC center provides information on IHC physicians and services as well as serves as a clearinghouse for information on countywide health and human services.

The CHIC center also serves as a business center for patients and their families.

The center is run by an RN with an advanced degree in health education who is available to consult with you on any health related topic. The center is also manned by knowledgeable and caring volunteers.

Hours Office Hours: Monday through Friday 9am to 5pm.

ST. GEORGE

Phone **435-251-2222**
Address DRMC River Road Campus:
1380 E Medical Center Drive - St. George Utah 84790
Just inside the Main South Entrance

Community Transportation

See: **Sun Tran Community Transportation** for St. George, page 150.

See: **Cedar Area Transportation Service (CATS)** for Cedar City area, page 21.

See Also: **Transportation** in this directory page 154.

Consumer Credit Counseling Service of Utah

Description/Purpose

Not-for-profit HUD certified comprehensive housing counseling agency assisting with financial goals through counseling and education.

Services

Provide confidential financial counseling, financial literacy, debt repayment, credit report review & assistance with correcting obsolete or incorrect entries, housing counseling to include reverse mortgage & loss mitigation and unique financial programs to meet basic financial needs of all consumers.

Eligibility Requirements None

Fee

Most services, financial counseling and financial literacy, are provided totally free of charge. Credit report review includes receipt of credit reports and credit scores from three major credit reporting agencies for \$75. Debt management plan includes a maximum monthly fee of \$10.

Hours: 8:30 - 5:00 Monday - Friday

Phone: **435-986-9223**
800-451-4505

Address 720 South. River Road, Bldg. C235
St. George, UT 84770

Website www.cccsutah.net

Languages spoken English/Spanish (by phone)

Corporate office 2650 South Jones
Las Vegas, NV 89146

Coral Desert Health and Wellness

Description

Medical equipment.

ST. GEORGE

Phone **435-652-4050**; 1490 East Foremaster Dr. 84790

Council on Aging

Contact Cathi Radomski,
Washington County Outreach Case Worker
Phone **435-634-5743**
Email ccradoms@washco.state.ut.us
245 North 200 West
St. George, UT 84770

Court-Ordered Community Service Program

Description

This program assists individuals in the community required by court order to perform service hours in lieu of incarceration.

Eligibility: As referred by local, county, state or federal courts.

Fees: A small administrative fee is required by offenders, based on hours assigned by the courts.

Volunteer Center of Washington County	435-674-5757
Volunteer Center of Kane County	435-644-3696
Volunteer Center of Iron and Beaver Counties	435-867-8384
Garfield County—Refer to Iron Co. Vol Ctr program	435-867-8384

CPR Training and First Aid for Community Members

Description

CPR training by certified instructors.

Services Call each center for class schedule.

Fee Call for information.

Hours Call for information.

ST. GEORGE

Phone	435-656-4190	American Heart Association
Phone	435-674-4440	American Red Cross
Phone	435-652-7730	

Creative Solutions Treatment & Counseling Center

Description

Creative Solutions is a Utah State licensed mental health and substance abuse outpatient treatment center specializing in the child and adult ADHD/ADD population.

Services

Group, individual and family counseling, lifeskills training, and neurobio-feedback.

Eligibility

All services available to adults and minors. Services provided in positive, supportive environment.

Fee

Agency is non-profit and services are on a sliding scale. Many insurances accepted. Helen Shumway 632-7488

ST. GEORGE

Phone **435-673-7108** (office)
 435-632-7488 (cell)
Address 166 North 300 West Suite # 4, 84770
Email: hshumway2001@yahoo.com

Deaf and Hard of Hearing

Description

See in this directory:

- **Southern Utah Division of Services to the Deaf and Hard-of-Hearing page 134.**
- **Deaf and Hard-of-Hearing Support Groups page 33.**
- **Relay Utah Program for the deaf and hard-of-hearing population, page 121.**

Deaf and Hard-of-Hearing Support Groups

Call numbers below. Further information under listing :

Southern Utah Division of Services to the Deaf and Hard-of-Hearing
1067 East Tabernacle, Suite 10, St. George, UT 84770

Front Desk **435-673-8974** Voice, TTY, and Video Phone.

Support Group 435-628-5368 Peggy Garrison

Fax 435-673-8983

Director 435-673-8983 Video Phone Only

Email dradford@utah.gov

Department of Workforce Services

WASHINGTON COUNTY

Phone 435-674-5627
Address 162 North, 400 East Bldg. B
St. George, UT 84770

BEAVER COUNTY

Phone 435-438-3580
Address 875 North Main
Beaver, UT 84713

KANE COUNTY

Phone 435-644-8910
Address 468 East 300 South
Kanab, UT 84741

GARFIELD COUNTY

Phone 435-676-1410
Address 665 North Main
Panguitch, UT 84759

IRON COUNTY

Phone 435-865-6530
Address 176 East 200 North
Cedar City, UT 84720

Description

Different programs exist to help a variety of individuals. All services can be accessed through central offices. Location exceptions are noted.

All services

Employment focused to help people find jobs and overcome barriers to employment.

Hours 8 AM-5 PM, Monday-Friday.

Department of Workforce Services Programs

To address all programs, refer to the numbers listed here for the county where you live. Services on following pages.

Department of Workforce Services Children's Health Insurance Program (CHIP)

Description

Utah Children's Health Insurance Program (CHIP) A non-Medicaid program with benefits similar to standard insurance packages. for hospital services, physicians' services, laboratory services, prescription drugs, mental health services, and preventive care such as routine physicals, immunizations, vision screening, hearing screening, and basic dental services.

Services All services are approved through Bureau of Eligibility for: hospital services, physicians' services, laboratory services, prescription drugs, mental health services, and preventive care such as routine physicals, immunizations, vision screening, hearing screening, and basic dental services.

Eligibility For children 18 years and under, with family income below 200% of the federal poverty level and above Medicaid's income threshold, not covered by employer or individual insurance plan and not eligible for Medicaid.

Fee Minimal co-payment on some services.

Contact See page 34 for contact information.

Department of Workforce Services Choose to Work Program

Description

Choose to Work is a partnership between Department of Workforce Services and Vocational Rehabilitation Services that provides vocational evaluation services, job development and placement for eligible disabled people.

Eligibility

Applicants must be job-ready, show willingness to work and participate in the program, and have a verifiable disability.

Contact See page 34 for contact information.

St. George office serves Washington County. Cedar City office serves Iron, Beaver, Garfield and Kane Counties.

Department of Workforce Services Crisis/Family Services

Description

To assist families in need with employment, Food Stamps, Medicaid, financial assistance and child care assistance. Employment focuses to help people find jobs and overcome barriers to employment.

Eligibility

Must be income eligible. Single parent can be working or going to school. Married couples must both be employed.

Fee Sliding scale based on income.

Contact See page 34 for contact information.

Department of Workforce Services Easter Seals

This program provides specialized placement services to workers 55 and older; Job development for mature workers; Job search assistance; On-the-job training; and Support services.

Eligibility	55+ and low income.
Fee	None.
Hours	Call for appointment 8:00 AM-5:00 PM, Monday-Friday.
Contact	See page 34 for contact information.

Department of Workforce Services Family Employment Program

An employment program for single parents and two-parent household when one parent is disabled. Clients will participate in activities and employment to assist them in becoming financially self sufficient.

Faster child support collection, employment planning, self-sufficiency worker to assist in planning, child care assistance, job-lead information, education and skill training, Medicaid, and food Stamps.

Contact See page 34 for contact information.

Department of Workforce Services Job Referral and Placement

Utah's Job Connection. Department of Workforce Services. Match qualified applicants with employers. Professional screening and interviewing. Referral of applicants to potential jobs. Effective job match through computer processes. Computer search of eligible applicants and jobs statewide. Proficiency testing and self help resources.

Contact See page 34 for contact information.
Veterans call: 1-800-827-1000

Department of Workforce Services Job Skills Workshops

Workshops in job seeking and keeping skills. The workshops cover assessing skills and abilities, targeting the right job, labor market information and job search strategies, preparing resumes and applications, dealing with barriers, marketing yourself and completing the interview process. **Contact** See page 34 for contact information.

Department of Workforce Services Medicaid

Description

To provide eligibility services for the cost of medical services for individuals meeting income and asset guidelines.

Services

To assist individuals by determining their eligibility for State of Utah and/or Federal participation for the payment of health care expenses. Programs include PCN (Primary care Network), CHIP (Children's Health Insurance Program), Emergency Medical Assistance program for certain aliens and all Medicaid programs.

Eligibility

Based on income, assets, citizenship, residence. Make contact in person or by phone to file an application to have eligibility determined.

Fee

No cost to make application for assistance. Some programs do require financial participation by the individual.

Hours 8:00 AM-5:00 PM, Monday-Friday.

ST. GEORGE (Washington County)

Phone **435-435-674-5627**
Address 162 North 400 East Bldg. B; St. George, UT 84770

CEDAR CITY (Iron County)

Phone **435-865-6530**
Address 176 East 200 North
Cedar City, UT 84720

BEAVER (Beaver County)

Phone **435-438-3580**
Location 875 No. Main
Address Beaver UT 84713

Panguitch (Garfield County)

Phone **435-676-1410**
Location 665 North Main
Address Panguitch, UT 85759

Kanab (Kane County)
Phone **435-644-8910**
Address 468 East 300 South, Kanab, UT

Depression Support Group

Description

Especially for women. Through the Southwest Center.

Phone (435) 634-5600

Deseret Industries (Thrift store and work-training center)

Description

(1) Thrift store featuring low-cost clothing, household goods and furniture.

(2) Employment for special needs individuals. Assists in developing self-reliance in individuals through work, training and providing opportunity for giving and for service.

Services

Skills, training, work adjustment and job placement for individuals with varying needs.

Eligibility None.

Fee None.

Hours 10:00 AM-8:00 PM Tuesday-Friday, 10:00 AM-6:00 PM. Monday and Saturday.

ST. GEORGE

Phone 435- 652-8232

Address 2480 East Red Cliffs Drive
St. George, UT 84790

CEDAR CITY

Phone 435- 586-3337

FAX 435- 586-2074

Email WEL-DICEDARCITY@ldschurch.org

Address 535 South 110 West
Cedar City, UT 84720

RICHFIELD

Phone 435- 896-4494

Address 700 South Main Street
Richfield, UT 84701

Diabetes Education and Support Groups

Description

To teach patients to take charge of their own diabetes; for newly diagnosed or long-time diabetics. Instruction is given on developing a healthy, active lifestyle: blood glucose monitoring, balancing food/medication/exercise, handling sick days, travel tips, and coping with complications (skin, eyes, feet).

ST. GEORGE

Phone **435-251-2888** Call for times and possible location changes.
Location 352 East Riverside Dr. #A9
Dixie Regional Medical Center

CEDAR CITY

Phone **435-868-5000**
Location Valley View Medical Center.
1303 North Main Street
Cedar City, UT 84720

Dial-A-Ride Bus

Description

The Dial-A-Ride Transportation Program is for senior clients ages 60+ or those with a disability.

Services

In compliance with FTA Section 5310, no riders under the age of 19.

Dial-A-Ride includes transportation to: Medical appointments and shopping trips on limited routes in the St. George area—including Ivins, Santa Clara, Sun River, Bloomington, Bloomington Hills and Washington City, and to the Senior Center for daily lunch.

Fee: Suggested donation \$3.00 one way, \$5.00 round trip.
Closed on Christmas Day and New Year's Day

Phone **435-634-5743**
(Please call at least one day in advance to schedule a ride.)



Dignity Health and Home Care

Description

Alternative to nursing home. No clinical skilled care. 4–24/hr care custom designed program for each individual client. Cost designed to meet your particular needs.

Services 24-hour live-in companion/caregivers who shop, cook, drive, do housekeeping and offer personal care. All caregivers are bonded and insured.

Eligibility	None.
Fee	Varies for one's needs.
Hours	24-hours

WASHINGTON CITY

Phone	435- 656-1833
FAX	435-652-0742
Toll-free	1-888-384-7744
Email	S.G.Dignity@msn.com
Address	1131 Majestic View Drive South Washington City, UT 84780

Disability Law Center

Description

The Disability Law Center (DLC) is a private non-profit organization designated by the governor to protect the rights of people with disabilities in Utah. It includes the Client Assistance Program (CAP).

Services

Advocacy Services: Information and referral, information on disability law and your rights, investigation and monitoring of abuse and neglect in residential facilities, mediation and negotiation, presentations, representation in administrative hearings and court proceedings, self-advocacy support training.

CAP

The Client Assistance Program at the Disability Law Center protects the legal rights of people who apply for or already are clients of the state's Vocational Rehabilitation (VR) or Independent Living (IL) agencies. CAP can give you information about VR and IL Services.

Vocational Rehabilitation

Helping you find a job, training and education, medical and counseling services, transportation for job training, independent living skills training, assistive devices like computers, wheelchairs, and hearing aids. Independent Living: Information and referral, peer support and advocacy, rehabilitation technology, interpreter or reader services, transportation for IL services, IL skills training.

Eligibility

Advocacy is determined by issues based on each program's federal mandate and the priorities established by the Center.

Fee

Services are free of charge and available to all eligible individuals in Utah.

Hours 8:30 AM-5:00 PM, Monday-Friday.

CENTRAL OFFICE

Phone 1-800-662-9080
Address 455 East 400 South
Suite #410
Salt Lake City, UT 84111

Website www.disabilitylawcenter.org

Discovery Clubhouse

Description

We are a non-profit organization in existence to provide to Utah families quality programs for children. We are dedicated to the development of the individual child through discovery. Our goal is to help each Child to discover who they are; the endless possibilities of what they can become and the importance of reaching out to others. We build self-esteem in children. We create a safe, clean and fun environment that promotes learning.

Services

We provide Infant/Toddler Programs, Preschool, Before/After School care, Transportation to/from schools, Summer Camp, Kindergarten, and Free Meal Program. Meals are included with all programs at no extra cost. All meals are nutritious and follow the guidelines established by the USDA. Spanish/English spoken.

Eligibility

Discovery Clubhouse admits children of any race, color or national origin.

Fee

Tuition is based on the age of the child. We also work with families and their circumstances to identify tuition assistance programs that may be available for them.

Hours 5:30 AM to 7:00 PM

ST. GEORGE

Phone **435-674-4766**
FAX 435) 673-3053
Address 981 N Westridge Dr.
ST. George, Utah 84770
Email stgeorge@discoveryclubhouse.com

WASHINGTON CITY

Phone **435-673-2999**
FAX 435-673-1874
Address 248 Playa Della Rosita,
Washington, Utah 84780
Email washington@discoveryclubhouse.com

CEDAR CITY

Phone **435-586-6002**
Fax 435-867-8447
Address 238 N Westview Dr.
Cedar City, Utah 84720
Email cedar@discoveryclubhouse.com
Website www.discoveryclubhouse.com

Division of Child and Family Services

Description

Foster care and shelter care of children, crisis intervention, parenting classes, group work with teams, for preserving families. Additional services include: Youth Services; Youth and Families in Crisis; K-3 Early Intervention; After School Program; Family Centered In-Home Services; Out-Of-Home Care; and Adoptions.

Services

Adoption, foster care, protective services, youth services, shelter and group homes. Services available by calling local listed number or through law enforcement personnel.

Eligibility

Varies depending on program. Check with appropriate contacts.

Fee Most are free of charge.

Hours 8AM-5PM, Monday-Friday.

24-hour emergency line through local number.

ST. GEORGE

Phone **435-652-2960**
Address 377 East Riverside Drive
St. George, UT 84790

CEDAR CITY

Phone **435-865-5600**
Address 106 North 100 East
Cedar City, UT 84720

PANGUITCH

Phone **435-676-1400**
665 North Main
Panguitch, UT 84759

KANAB

Phone **435-644-4530**
Address 310 South 100 East
Kanab, UT 84741

BEAVER

Phone **435-438-438-3400**
875 North Main Street
P.O. Box 72
Beaver, UT 84713

Reports of child abuse and neglect:

1-877-SWR-DCFS **(1-877-797-3237)**

Counseling for Adult and Child victims of Domestic Violence:

(435) 652-2960

Division of Services to People with Disabilities (DSPD)

Description

To promote opportunities and provide for persons with disabilities to participate fully in Utah life. People with the following disabilities are eligible for services if they meet requirements outlined by the Division: Mental Retardation, Cerebral Palsy, some forms of Autism, Severe Epilepsy and Brain Injury.

Services

The Division offers services and support that assist people to live, learn and work as part of their communities, including Family support, supported employment, other day services, and a Range of Residential supports from personal assistance or companion Services to 24-hour supervised living.

Eligibility

Varies depending on program. Check with appropriate worker.

Fee Most are free of charge.
Hours 8:00 AM - 5:00 PM, Monday-Friday.

ST. GEORGE

Phone 435-674-3961
Contact Ruth Hernandez (Washington County Office)
Email Rhernan@hs.state.ut.us
Address 377 East Riverside Dr., Building B Suite A
St. George, UT 84790

CEDAR CITY

Phone 435-865-5650
Contact Sandy Bowman (Iron County Office)
FAX 435-865-5666
Email scbowman@hs.state.ut.us
Address 106 North 100 East
Cedar City, UT 84720

Division of Services to the Deaf & Hard-of-Hearing

See: Southern Utah Division of Services to the Deaf and Hard of Hearing, page 134.

Divorce Support Group

Phone 435-688-4123
Contact Pat Sapio

Dixie Advantages Development

Description
Day treatment for adults with disabilities.

Phone 435-673-5354
Address 1164 North 1210 West
St. George, UT 84770

Dixie Care & Share

See: Emergency Food Bank in Washington County in this directory, page 60.

Dixie Regional Medical Center

Description
Dixie Regional Medical Center is a full-service, regional referral center serving the medical needs of Washington County and the tri-state area.

Services

General in-patient and out-patient medical, surgical and obstetrical care; heart surgery and trauma services; Home Health and Hospice Services; Regional Cancer Center; Rehabilitation center; Wound Clinic and Community Health and Information Center.

Fee Fee counseling and payment plans available.

ST. GEORGE

Operator 435-251-1000 or 435-688-4000
Address 1380 East Medical Center Drive
St. George, UT 84790

Behavioral Medicine: Inpatient psychiatric care; 435-688-4343

Business Office: Hospital billing: 435-688-5300

Financial Assistance: 435-688-4000

Home Health and Hospice: See listing for IHC Home Care and Hospice

Medical Equipment: 435-688-4554

Other departments are listed under their own name.

Dixie Regional Medical Center Acute In-patient Rehabilitation Unit

Description

Acute In-Patient Hospital Rehabilitation services for patients needing extensive rehabilitation with Occupational, Speech and Physical Therapy, as well as rehabilitation nursing. Our mission is to help patients attain their highest possible level of functioning after a disabling injury or illness, so that they may return to their home and community. Our goal is to provide the optimum continuum of care for patients and families without having to leave the community.

Services

- Medical Director with specialty in Physical Medicine and Rehabilitation (Physiatrist).
- Physical, Occupational and Speech Therapists experienced and certified in neurodevelopment.
- Licensed Social Worker. 24-hours rehabilitation nursing.

Eligibility

Physician referral. Patient requires a minimum of two therapies and rehabilitation nursing. Free patient screening completed with Physician referral. Patients may be admitted from home, physician office, assisted living center, nursing home and/or from an inpatient hospital unit.

Fee

Acute Rehabilitation services are covered by most major medical insurance carriers, including Medicare and Medicaid.

Hours Call Acute In-Patient Rehabilitation for information at 435-688-4500

ST. GEPRGE

Phone 435-688-4500

Email: eklaasse@ihc.com

IHC- DRMC

Acute In-patient Rehabilitation Unit (5th Floor - 400 Campus)

544 South 400 East

St. George, Utah 84770

Dixie Regional Medical Center CHIC

See: Community Health Information Center in this Directory, page 30.

Dixie Regional Medical Center Financial Assistance

Description

For assistance with hospitalization costs. Insured or uninsured.

Phone **435-688-5229**

Address 1380 East Medical Center Drive
St. George, UT 84790

Dixie Regional Medical Center MEDICAID Assistant

Description

Financial consultation and assistance for those with Medicaid or believe they would qualify for Medicaid to pay hospital costs. Medicaid offers medical benefits for those on limited income and assets. If you are not receiving treatment in the hospital—see Medicaid below.

Phone **435-251-1049**

Address Arizona Outreach—688-5700
1380 East Medical Center Drive
St. George, UT 84790

Dixie Regional Medical Center Volunteer Thrift Store

ST. GEORGE **435-674-7522**

Address 76 West St. George Boulevard

Dixie Regional Medical Center Volunteers

Multiple volunteer opportunities for youth and adults age 16 and up.

Phone **435-688-5445**

Dixie State College Adult Education

See: Dixie State College Southwest High School Learning Center, page 50.

Dixie State College Career Planning and Placement

Description A full selection of career and employment-related services for DSC students, alumni and other individuals or groups.

Services Career counseling and exploration, interest assessments, student employment and internship assistance, pre-employment services and workshops (resume writing, interviews, job search strategies etc.).

Eligibility None
Fee None.
Hours 8:00 AM--5:00 PM, Monday--Friday.

ST. GEORGE

Phone 435-652-7736
Email kinney@dixie.edu
Address 225 South 700 East, Student Services Center Annex
St. George, UT 84770.

Dixie State College Educational Talent Search

Description

Career counseling, academic counseling, financial aid, tutoring, community services referral, self-esteem, decision making, values clarification, course planning, transfer services, assessment, G.E.D, high school diploma, college admissions.

Services

To assist people to continue their education, especially high school or college drop-outs, to help prepare them for economic self-sufficiency.

Eligibility Anyone. Low income has priority.
Fee None.
Hours 8:00AM-5:00PM, Monday-Friday.

ST. GEORGE

Phone 435-652-7657
Address 225 South 700 East, North Instructional Building #11
St. George, UT 84770

Dixie State College Elderhostel Program

Description

Older adults who want to expand their horizons, develop new interests and meet new people are a guest and student for a week or more taking up to 3 non-credit courses. Visits to Kanab, Bryce Canyon, Brian Head, Lake Powell, Grand Canyon, Jacob Lake, Zion National Park and Dixie College Campus.

Services Short term educational Program for older adults.
Eligibility 55 + years of age.
Fee Call for information and specific programs.
Hours Year-round.

ST. GEORGE

Phone **435-634-2050**
Address 123 East 100 South
St. George, UT 84770

Dixie State College Returning Adult Program

Description

Counsel and advise returning adult students who are beginning or who are returning to college following a break in their formal education.

Services

Meet with students returning to school after an extended absence (included disadvantaged, displaced homemakers, and mid-life career changers). Provide information needed for students to apply for admission and to register for classes. Inform students of available services including: testing, financial aid, parking information, returning-student activities, tutoring services, residency etc.

Eligibility Please make an appointment for information.
Fee Counseling free; admission fee \$25.00.
Hours 9 AM-5 PM, Monday-Friday.
Contact David Zundel

ST. GEORGE

Phone **435-652-7695**
Email Zundel@dixie.edu
Website www.dixie.edu (choose Current Students, then Returning Adult Students).

Dixie State College Southwest High School Learning Center

Description Courses range from basic literacy to college courses for concurrent college credit and high school completion. Individual tutoring, self-paced courses, and independent study available.

Services

Assist adults with completion of High School Diploma; basic literacy and reading; GED preparation; English as a Second Language (ESL); Adult Basic Education; Vocational Training.

Eligibility

Student's high school graduating class must have already graduated. Usually over 18 years old.

Fee

High school completion: no tuition fees; College courses: participant must pay tuition, fees and books. GED cost \$55.00.

Hours

8:00 AM-9:00 PM, Monday-Thursday, 8:00 AM -Noon on Friday. (Call Hurricane location for hours.) Day and evening. Call for schedule.

ST. GEORGE

Phone 435-652-7728

Location Dixie State College Campus
North Instructional Building, 865 East 100 South

HURRICANE

Phone 435-652-7788

Location 112 South 700 West, Hurricane, UT

Dixie State College Student Referral and Placement

Description

Dixie College job placement for college students and graduates.

Services

Part time student employment and graduate career job match program. Interviewing, resume writing, and job seeking strategies workshops.

Eligibility Current enrollment at or alumni of Dixie College.

Fee None.

Hours 8:00AM-5:00PM, Monday-Friday.

ST. GEORGE

Phone 435-652-7669

Dixie State College Student Career Center

Dixie State College Student Support Services

Description

A TRIO program funded by the U.S. Department of Education to provide 200 eligible students tutoring, academic advisement and support.

Services

Eligible students receive: information to secure financial aid, career counseling and major selection, academic advising and registration, tutorial support to complete an associate's degree and transfer information to a four-year institution to complete a bachelor's degree.

Eligibility

Low-income, first generation (neither parent has a bachelor's degree) or disabled.

Fee None.

Hours 8:00AM-5:00PM, Monday-Friday.

ST. GEORGE

Phone **435-652-7656**

Contact Tutor Coordinator

Phone 435-652-7655

Address Dixie State College Campus North Instructional Bldg.
100 South 850 East
St. George, UT 84770

Dixie State College Wellness Center

Description

Alcohol abuse, drug abuse, prevention and education information and programs. Additional information related to other health risks commonly experienced by college students.

Services

Provides education to students, faculty, and staff regarding the consequences of substance use and abuse. The program also provides prevention activities that all members of the college and community are encouraged to attend.

Eligibility Open.

Fee Most are free of charge.

Hours 8 AM-5 PM, Monday-Friday.

ST. GEORGE

Phone 435- 652-7755

Address 225 South 700 East, St. George, UT 84770

Doctors' Volunteer Clinic / Dental Clinic of St. George

Description

The clinic will offer primary health care by physicians assisted by volunteer nurses and students from the nursing program at Dixie State College.

Services

Primary health care, for those people without health insurance or means to pay. The clinic now offers Volunteer Dental Services.

Eligibility

Medical records, need a qualified diagnosis along with severe limitation in 3 or more of life activity areas.

Hours

Medical: 1:00 PM--4:00 PM, Monday, Tuesday, Wednesday & Thursday. Dental: 4:00 PM Wednesday dental Screening Friday only for Dental appointments

ST. GEORGE

Phone **435-656-0022**
Address 1036 East Riverside Drive
 St. George, UT 84790

Domestic Violence Services

Description

Offering crisis intervention for domestic violence cases by assisting with matters such as: food, immediate shelter, locating housing and counseling. Education and prevention classes, support groups. FEMA emergency rent, one-time assistance, resources and referrals for other services. These are through the victim assistance office.

Services

Crises intervention features individual counseling, education and prevention classes, support groups.

Eligibility

Cohabitant adults who: a) are presently or were formerly a spouse, b) are presently or were formerly living as a spouse, c) are related by blood or marriage, d) have one or more children in common with the party to the action, regardless of whether they have been married or have lived together at any time, e) residing or have resided in the same residence. Domestic violence includes any of the following crimes when committed by one cohabitant against another:

Continued on following page

Domestic Violence Services continued

assault, aggravated assault, mayhem, criminal mischief, burglary, aggravated burglary, criminal trespass, aggravated kidnapping, unlawful detention.

Fee

No cost for victim services. Sliding scale fee for perpetrator counseling.

Hours 8 AM-5 PM, Monday-Friday. 24-hour on-call emergency services available by contacting local police or sheriff department.

ST. GEORGE

Phone **435-652-2960**

Address 377 East Riverside Dr., St. George, UT 84790

CEDAR CITY

Phone **435-865-5611**

Address 106 North 100 East, Cedar City, UT 84720

Domestic Violence (Women's & Children's Support Group)

Description

Organized through the Dept of Child and Family Services.

Hours Every Tuesday from 5:00 to 6:30 PM

ST. GEORGE

Contact Ruth Huth; Phone **435-652-2994**

Address 377 East Riverside Drive, St. George, UT 84790

Domestic Violence Support Group at the DOVE Center

Description

The group is for women who have experienced any form of domestic violence or abuse, either past or present. This group is to support women in regaining control of their lives and making better choices. There is also a group for children at the same time to assist them in dealing with their emotional needs.

Call **435-628-1204; 435-628-0458 (24 hr line)**

Domestic Violence Support Group for Victims in the Polygamous Community

Phone **435-652-2953; 435-652-2990**

D.O.V.E. Center

Description

The D.O.V.E. Center is a safe, confidential shelter for victims of domestic violence. Services are free and are provided in a non-judgmental, comfortable environment.

Services

Shelter accommodation, individual and group counseling, emotional support, 24 hour hotline. Will put you in touch with other local resources and services to assist you; a) obtaining protective orders, b) financial assistance, c) legal services, d) child protective services, e) housing.

Eligibility Victims of domestic violence.

Hours 24-hours per day seven days a week.

ST. GEORGE

Contact Tracy
Phone **435-628-1204**
24 hr. # 435-628-0458
Email dove@infowest.com
Address P.O. Box 2972
 St. George, UT 84771

D.O.V.E. Center Support Group

Description

The group is for women who have experienced any form of domestic violence or abuse, either past or present. This group is to support women in regaining control of their lives and making better choices. There is also a group for children at the same time to assist them in dealing with their emotional needs.

Eligibility Victims of domestic violence.

Hours 6:30 p.m.

ST. GEORGE

Phone **435-628-1204**
24-hr 435-628-0458
toll-free 1-877-628-0458
Email dove@infowest.com
Address P.O. Box 2972
 St. George, UT 84771

Downpayment/Closing Costs Assistance Program

Five County AOG Program

Description

The Down Payment/or Closing Cost Assistance Program provides homebuyers who have not owned a home within the past three years and meet eligibility criteria with either down payment or closing costs assistance in the form of a non-interest bearing loan up to \$2,000.

Eligibility

An applicant's gross income must be at or below 80% of the area median income for county in which they reside. Applicant must be lender approved and contribute a minimum of \$500 in personal funds toward the down payment or closing cost. They must complete the first time home buyer's education course.

Hours 8:00 A.M. - 5:00 P.M. Monday-Friday

Contact Danna L. Alvey

ST. GEORGE

Contact Five County Association of Governments

Phone **435-673-3548**

FAX 435-673-3540

Address 1070 West 1600 South Bldg B
St. George, UT 84770

CEDAR CITY

Contact Five County Association of Governments

Phone **435-865-0195**

FAX 435-586-2633

Address 88 E. Fiddler Canyon Rd., Ste. H.
Cedar City, UT 84720

Down South

Description

A support group for families with children who have Down Syndrome.

Contact LaRane Miller

Phone **435-673-9373**

Contact JoLynn Buckley

Phone **435-656-9046**

Eating Disorders

Phone **435-628-1078**



Emerald Pointe Independent and Assisted Living

Description

Independent and Assisted Living.

Services

- Home-like atmosphere
- Housekeeping/laundry
- 24-hour security
- Therapeutic menus available
- Assistance with personal care
- Special dementia and Alzheimer's wing
- Facility includes: exercise area, beauty shop, game room, quilting area, library, fireplaces and conversation areas.

Fee Private Resources.

Hours 24 Hours.

CEDAR CITY

Phone **435-867-0055**
Address 995 South Regency Road
Cedar City, UT 84720

Emergency Food Banks in Beaver County

Beaver Care and Share

Description

To meet emergency food and shelter needs not met in other ways.

Services

Provides food boxes and commodities. Food Bank and Federal Commodities Program. Beaver Area Care and Share may supply a supplementary food box for local families.

Eligibility

Low-income individuals and families. Must be referred by a local agency or organization.

Fee None
Hours Call for information
Phone 435-438-6266
Address 50 S 100 E Center, Beaver, UT 84713

Milford Care and Share

Phone 435-387-5398
Address 258 South Main St., Milford, UT

Emergency Food Banks in Garfield County

Description Provide supplementary food boxes for needy families.
Eligibility Emergency needs.
Fee None.

Escalante Care and Share

Phone 435-826-4290
Address 90 North 100 West, Escalante, UT 84726

Panguitch Care and Share

Phone 435-676-2509
Address 55 South Main St., Panguitch, UT 84759

Ticaboo Care and Share

Phone 435-788-2134

Emergency Food Banks in Iron County

Beryl Care and Share

Phone 435-865-7644
Address 291 North Beryl Highway

Cedar City Care and Share

Description

Iron County Care & Share is Iron county's primary provider of homeless shelter, food bank, homeless outreach and transitional housing resources.

Services

Food boxes and commodities are distributed from each of the agency's three food banks located in Cedar City, Beryl Junction and Parowan. Emergency shelter is provided to homeless individuals and families. Showers, laundry facilities, hot meals, sack lunches, case management and other emergency assistance are all available. Homeless outreach serves the entire five-county area seeking out homeless on the streets and working with them to get the services they need. Transitional housing is provided for single men and women to help them become self-sufficient and work toward permanent housing. Case management is provided to all clients, and referrals are made to all supporting agencies for required services.

Eligibility

All recipients of services must be either homeless or very low to moderate income, based on the poverty guidelines. Proof of identity is required for all services, and proof of income is required for emergency assistance and emergency food assistance.

Fee

None. (There is a small housing fee for transitional housing participants.)

Hours Call for specific information.

Phone 435-586-4962
Address 222 West 900 North
Cedar City, UT 84721

Emergency Food Banks in Kane County

Description	Meet emergency needs not met in other ways.
Services	Provide food and commodities
Eligibility	Low-income individuals and families.
Fee	None

Big Water Care & Share

Phone	435-675-9179
Address	163 Aaron Burr (Post Office), Big Water, UT 84741

Kane County Care & Share in Kanab

Phone	435-899-1159
Address	56 West 450 North, Kanab, UT 84741

Long Valley Care and Share

ORDERVILLE Senior Center	
Phone	435-648-2504

Emergency Food Banks in Washington County

Dixie Care & Share

Description

To provide compassionate temporary housing and food for homeless or needy persons who have no other resources available to them.

Services

Provides food, commodities, shelter and *Lifestyle Skills* classes. Food Bank and Federal Commodities program. Supplementary food boxes for local families. Men's and family shelter. Laundry facility, sleeping quarters, showers, clothing and basic personal needs on a temporary or short term basis.

Eligibility	Low-income individuals and families.
Hours	11:00AM-2:00 PM Monday-Friday.

ST. GEORGE and surrounding area

Phone	435-628-3661
Address	131 North 300 West, St. George, UT 84770
Address	St. George, UT 84770

Continued

Emergency Food Bank in Washington County Cont'd Hurricane Care and Share

Phone **435-635-0995**
Address 450 East 800 North #1
Hurricane, UT

See also **Salvation Army Soup Kitchen** in this directory.

Emergency Home Repair Program Five County AOG Program

Description

The Emergency Home Repair Program is a grant program of up to \$2,500 to correct a single item in a home that poses a threat to the health and safety of the occupants, or threatens the long time integrity of the dwelling. The item needing repair must require **immediate** attention. Examples include but are not limited to: deteriorated or leaking roof, inoperable furnace or water heater, leaky plumbing, faulty electrical, lack of sanitary facilities, or other crisis related repairs that are directly connected to the dwelling.

Eligibility

An eligible dwelling must be the primary residence of the homeowner whose income is 125% or below the poverty level.

Hours 8:00 A.M. - 5:00 P.M. Monday-Friday

Contact Danna L. Alvey for all five County area. **Page 82 for specific information**

ST. GEORGE

Contact Five County Association of Governments

Phone **435-673-3548**, 1070 West 1600 South Bldg B

CEDAR CITY

Phone **435-865-0195**, 88 E. Fiddler Canyon Rd., Ste. H.
Cedar City, UT 84720

Emergency Preparedness

Phone 435-986-2579 (Public Health Dept.)

Instruction for community members on how to prepare for disasters.

Medical Reserve Corps

See: **CERT page 29**

See address details for all the Five-County area under

Southwest Utah Public Health Department in this directory, **page 145.**

Emergency Rental Assistance

Five County AOG

Description

Emergency Food and Shelter Program (EFSP) that provides emergency rental assistance to qualified individuals.

Phone 435-673-3548

Address 1070 West 1600 South Bldg B, St George UT

Emergency Shelters

Iron County Care and Share 435-586-5142

Washington County Dixie Care & Share 435-628-3661

See: **American Red Cross** for other options, **page 7.**

See Also: listings under **Crisis/Food/Shelter** in Index

Enterprise Medical Clinic/Health and Dental

ENTERPRISE

Phone 435-878-2281

FAX 435-878-2434

Email cj@color-country.net

Address 223 South 200 East, Enterprise, UT 84725

Environmental Health

Southwest Utah Public Health Department Program

Restaurant Inspections Septic Tank Permit
Food Handlers Classes Swimming Pool Inspections
Body Art Facility Inspections

See address details for all the Five-County area under **Southwest Utah Public Health Department** in this Directory, **page 145**.

Erin Kimball Memorial Foundation

Description

Where families move from crisis to independence. Transitional Housing and life empowerment support to the homeless, those fleeing domestic violence, the disabled and others with special needs in the Five-County area of southwestern Utah.

Services

Traditional housing: Participants pay 30% of income for rent, the Foundation pays the balance. Life empowerment support services. Participants can stay in the program for up to two years.

Eligibility Need.

Requirements:

Commitment to growth including education, job skills training, and work, drug free, violence-free living, active participation in program activities. Commitment to stay for at least six months.

Fee Participants pay 30% of income for rent.

Hours Call for details.

ST. GEORGE

Phone **435-673-1659**
FAX 435-673-7716
Website www.erinkimball.org
Address 321 North Mall Drive, E-101A
 St. George, UT 84790

Evergreen

Description

Support for friends and family of anyone dealing with same-sex attraction. Meetings are confidential.

Phone **435-688-1364**

Experience Works / now called Easter Seals

See: Listing for **Department of Workforce Services Easter Seals** in this directory, **page 36**.

Family Dental Plan

Description

Government non-profit agency providing dental treatment covered by the Medicaid scope of services to clients with current proof of eligibility, i.e. current Medicaid, PCN or CHIP card.

Services

Exams, x-rays, cleanings, fillings [resin and amalgam], extractions, root canals and pulpotomies, dentures and partial dentures.

Availability

Openings available, emergencies call 7:30am to be seen same day.

Eligibility

Insurance coverage by a State funded program - Medicaid, PCN, CHIP
Current monthly Medicaid/PCN card is required at each visit.

Fees

Co-pays may apply depending on type of coverage.

Hours

Monday-Thursday 7:30a-6:00p.

Address

Family Dental Plan - St. George
321 North Mall Drive, Suite M101

Phone **435-652-3806**

Contact: Sara Moreno

Family Employment Program

See: **Department of Workforce Services** in this directory, **page 36**.

Family Information and Resource Center

Description

The Family Resource Center is a clearinghouse of referrals and information on positive parenting, child development, academic achievement, literacy, learning disabilities, life skills and character development, drug and alcohol prevention and support for tough parenting issues.

Services and Programs

Classes and workshops are offered in:

Parenting with Love and Logic

Strengthening Families

Survival Skills for Healthy Families (English or Spanish)

Multiple Intelligences

Help Your Child Soar

Forty Developmental Assets

Relationship Enhancement

7 Habits for Highly Effective Families

Family Reading Program

Involved Parents

Key to School Success

Homework Helps

Literacy

Family Education Plans (FEP)

Also a lending library, brochures, pamphlets, books, tapes and videos.

Eligibility Need.

Hours 10:00 AM-5:00 PM, Monday-Thursday

Contact Liz Dayton

ST. GEORGE

Phone **435-673-3553 #365**

Address 15 South 100 West #101
St. George, UT 84770

Family Planning

Services Education and counseling, basic health exams, testing

See : Southwest Utah Public Health Department for specific contact information, page 145-147.

Family Support Center of Southwestern Utah (Iron County)

Description

Prevention of child abuse and neglect.

Services

Provides 24-hr service to children ages birth through eleven years. Services include: crisis care, respite care, supervised visitation, parenting skills classes, children's classes, structured respite, and visitation exchange service. Resource and referral services also available.

Eligibility None.

Fee All services are free of charge.

Hours 24 hrs, 7 days a week.

CEDAR CITY

Phone **435-586-0791**

FAX 435-586-3510

Email family@accesswest.com

Address 102 North 200 East
Cedar City, UT 84720

Family Support Group for People with Disabilities

Hours 7:30 P.M. on Wednesdays.

ST. GEORGE

Address 377 East Riverside Drive, Bldg. B

FEMA

Description

The **Federal Emergency Management Agency**, or **FEMA**, is an agency of the Department of Homeland Security. The purpose of FEMA is to coordinate the response to a [disaster](#) which has occurred in the [United States](#) and which overwhelms the resources of local and state authorities. The governor of the [state](#) in which the disaster occurred must declare a [state of emergency](#) and formally request from the [President of the United States](#) that FEMA and the [Federal Government](#) respond to the disaster.

Information

FEMA website.

FEMA for kids - Child friendly and fun.

FEMA Resources for Parents & Teachers

Location

Commissioner Dennis Drake
Washington County Commission
197 East Tabernacle
St. George, UT 84770
435-634-5700

American Red Cross
Daniel Richards
358 West St. George BLVD.
St. George, UT 84770
435-669-1690

Fibromyalgia and Chronic Fatigue Syndrome Support Groups

1-800-328-8080

ST. GEORGE

Phone 435-688-8873; 801-328-8080
435-986-9071

CEDAR CITY

Phone 435-586-8619

Fifth District Court

5th District Juvenile Court

Phone 435-986-5740
Address 220 N. 200 E. St. George, UT 84770

See also: **Juvenile Court page 94** and **Juvenile Justice Services page 95** in this directory.

Fifth District St. George Guardian ad Litem (CASA) Court Appointed Special Advocate

Description

Court Appointed Special Advocates is a national volunteer organization with a mission of helping neglected and abused children who are in the court system through no fault of their own.

Service

Work within the court system to help the Guardian ad Litem advocate for the best interests of neglected and abused children in court.

St. George

Contact Charlotte Pace
Hours 9AM-5PM, Monday-Friday
Phone 435-986-5725
FAX 435-627-0894
Address 220 North 200 East, St. George, UT 84770

Cedar City

Contact Dianne Gitz, CASA Coordinator
Hours 8AM-1PM, Monday-Friday
Phone 435-865-5330 ext. 331
FAX 435-865-5334
Address 82 North 100 East, Suite 203, Cedar City, UT 84720

Financial Aid for College

See: Dixie State College Student Support Services page 51.
For: Southern Utah University call 435-586-5419 to locate specific area of information.

Five County Association of Governments

Description

The overall mission of the association is to Plan, Prepare and Partner with Federal, state and local governments to strengthen the role of southwestern Utah local officials in execution of state and Federal programs at the local level.

The association oversees numerous programs under two divisions: Community and Economic Development and Human Services. If you are located outside Washington County, call the Washington County office to see what programs are available in your area.

ST. GEORGE

Phone **435-673-3548**
Address 1070 West 1600 South Bldg. B
P.O. Box 1550
St. George, UT 84770

CEDAR CITY

Phone **435-865-0195**
Address 88 East Fiddler Canyon Road Ste. H
Cedar City, UT 84720

Five County Association of Governments Programs

Phone number **435-673-3548**
Address Five County Association of Governments
1070 W. 1600 South, P.O. Box 1550,
George, UT 84770

Five County AOG Human Services Programs

We are the local Community Action Agency serving southwest Utah. We work toward mitigating the causes and conditions of poverty in the region through a variety of means including employment, education, housing, transportation and emergency assistance.

Program listings continued on next page

Human Service Programs:

Area Agency on Aging 10
Child Care Resource and Referral 23
Community Action Partnership..... 86
Health Insurance Information Program 77
HEAT 71
Home and Community Based Programs
 Alternatives Program..... 79
 Medicaid Aging Waiver..... 102
 National Caregiver Support Program 19
 New Choices Waiver 107
Home Investment Partnership Program 81
Home Rehabilitation Program 82
Human Services 86
Weatherization 170

Human Services Council

The primary purpose of the Human Services Division is to maximize the effectiveness of human service resources being expended in the Five County service area through comprehensive planning, proper resource management, resource development and program evaluation.

In addition to collaborating to assist individuals, families, and community groups to become self sufficient, we work toward mitigating the causes and conditions of poverty in the region through a variety of means including employment, education, housing, transportation and coordination of the emergency food net.

The Human Services Council has the responsibility for making policy recommendations to the Steering Committee of the Five County Association of Governments on all matters pertaining to one-third elected/public officials, one-third low-income representatives, and the remainder from the private sector. The Human Services Coordinator and the Director of the Human Services Division provide staff support to the Council.

This program helps to coordinate much of the Human Services Planning in the region by sponsoring annual public forums, administering needs assessments, through data collection, and preparing planning documents. See page 86 for more details.

MPO Metropolitan Planning office

County-wide road planning and future development.

Natural Resources

Reviews and evaluates many of the proposals received by the association that may have environmental or natural resource implications for the benefit of the constituent counties and interested parties.

Planning Assistance

Through Community Development Block Grant (CDBG) and Economic Development Administration (EDA) funding, provides technical planning assistance to the counties and communities of the region by request.

Revolving Loan Fund

The purpose of the RLF is to create jobs for low and moderate income persons by providing gap financing to qualified businesses within the region.

**Volunteer Centers of Five County AOG
offer a variety of programs**

See individual program listings in directory for specific information.

- Court-Ordered Community Service Program 32
- Foster Grandparent Program (FGP)* 72
- Health Insurance Information Program (HIIP) 77
- Retired and Senior Volunteer Program (RSVP)* 123
- Senior Companion Program (SCP)* 128
- Youth Volunteer Corps (YVC) 173

Additional programs and activities may exist in individual centers.

*Not all centers provide or administer the same programs.

See **Volunteer Centers of the Five-County Region** for specific information. Volunteer Centers in 5-Co Area page 168

Five County Region Libraries

Hours vary. Please call or visit location for specific information.

Washington County Libraries

- St. George** 435-634-5737
88 West 100 South, St. George, UT 84770
- Santa Clara** 435-986-0432
1099 North Lava Flow Drive, St. George, UT 84770
- Hurricane** 435-635-4621
36 South 300 West, Hurricane, UT 84737
- Springdale** 435-772-3676, Springdale Branch Library
PO Box 479, 126 Lion Blvd., Springdale, UT 84767
- Enterprise** 435-878-2574 P.O. Box 160
393 South 200 East, , Enterprise, UT 84725
- New Harmony** 435-867-0065
34 South 2900, New Harmony, UT 84757

Iron County Libraries

- Cedar City** 435-586-6661
303 North 100 East, Cedar City UT 84720
- Iron County Bookmobile** 435-590-0546

- Parowan** 435-477-3491
16 South Main St. Parowan, UT 84761

Beaver County Libraries

- Beaver** 435-438-5274
55 West Center Street, Beaver, UT 84713
- Minersville** 435-386-2267
40 West Main, Minersville, UT 84752
- Milford** 435-387-5039
400 South 100 West, Milford, UT 84751

Kane County Library

- Kanab** 435-644-2822
374 North Main St., Kanab, UT 84741
- Kane County and Garfield county Bookmobile** 435-676-2431

Garfield County Library

- Panguitch** 435-676-2431
25 South 200 East, Panguitch, UT 84759

Foster/Adopt Support Group

Cedar City
Contact

Amy Phone 435- 586-7403

Foster Grandparent Program

Five County AOG Vol Ctr Program

Description: Foster Grandparents tutor in classrooms in neighborhood schools and serve as caring adult role models for at-risk children and youth ages birth to 18 (or to age 21 for developmentally delayed adults).

Services: Foster Grandparents must be at least 60 years of age and in good health, have the ability to understand directions and perform necessary service as tutors; have a willingness to accept supervision and training. To be eligible for a non-taxable and non-reportable hourly stipend of \$2.65, limited meal and mileage reimbursement, volunteers must meet Federal Income Eligibility Guidelines.

Eligibility: Over age 60, under 135% of Federal Income Eligibility Guidelines and willing to serve 15-20 hours a week in a neighborhood school.

Volunteer Center of Washington County 435-674-5757

Volunteer Center of Kane County 435-644-3696

Volunteer Center of Iron and Beaver Counties 435-867-8384

See: *Volunteer Centers* for more detailed contact information

Freedom Support Groups

Description

Freedom and healing from depression, resentment, isolation and self-defeating behaviors. LDS orientation. **Women's, Men's separate groups.**

ST. GEORGE

Contact Kent Parke 435- 313-6323, St. George

Free Medicine Foundation

Description

For individuals without insurance coverage for outpatient prescriptions who do not qualify for Medicaid, meeting income requirements.

Phone 573-996-7300 Website www.themedicineprogram.com

Gamblers Anonymous

Description

Support group for those desiring to make appropriate changes in their lives to stay free of their gambling addiction.

Hours Call for details.

ST. GEORGE

Phone 435-669-1798

Garfield Memorial Hospital and Long-Term Care

Description

44-bed facility providing general in-patient and out-patient medical, surgical and obstetrical care; skilled and intermediate long term care; hospital-based Home Health Agency Licensed by the State of Utah and Certified by Medicare and Medicaid.

Services

To provide medical and home health care to those in the Garfield County area.

Eligibility None.

Fee

Third party payment is accepted and a charity program exists as all patients are accepted regardless of their ability to pay.

Hours 24-hours.

PANGUITCH

Phone 435-676-8811

Address 200 North 400 East , P. O. Box 389
Panguitch, UT 84759

Gentiva Health Services

Description

Complete health care services, nursing care, physical, occupational, respiratory and speech therapy; homemaker, nutritional and personal care.

ST. GEORGE

Phone 435-628-5277, 50 East 100 South, Suite # 200
St. George, UT 84770

Guardianship Issues

Description

Guardianship Program (Utah Division of Aging): (801) 538-3920 will answer questions about the legal process when you think an individual is unable to make coherent, life-sustaining decisions for himself and may need a guardian to handle his/her affairs.

Phone **1-801-533-0203**
Guardianship Associates of Utah

Habitat for Humanity of Southwestern Utah

Description

Habitat for Humanity of Southwest Utah (HFHSU) seeks to make the issue of decent shelter a matter of conscience and action. The goal of HFHSU is to use volunteer labor and tax-deductible donations of money and materials to build homes in partnership with pre-selected homeowners who will invest hundreds of sweat-equity hours in the building of their own home. These homes are then sold to the “partner” family on a no-interest, no-profit basis, which allows HFHSU to target those most in need. The money paid on the homeowners' mortgage goes into a revolving fund to build more homes. Habitat seeks to give a “hand-up” not a “hand-out”.

ST. GEORGE 435-674-7669

Address P.O. Box 910134
St. George, UT 84791

Hands of Hope

Description

Support group for Latino women.

Contact Rosa Martinez
Phone **435-673-6378**

Head Start Child Care

Description

Child care for 3-year-olds.

Services

Early childhood curriculum within a childcare setting. Physical and dental exams and follow-ups provided for eligible children. Mostly for low income families or children with an identified disability. Also provides referrals for parents/families on social services, educational services and health services.

Eligibility

Child must be three years of age by Sept. 1 of the current year.

CEDAR CITY

Contact Enrollment Specialist: Virginia Higbee
Phone 435-586-6070 Ext. 201
Email Storie@suu.edu

CENTRAL OFFICE

Phone 435-586-6070
Toll-free 1-800 796-6070
Address 2390 West Hwy 56 Ste. 1
Cedar City, UT 84720

Head Start Preschool

Description

Preschool for 4 year olds.

Services

Early childhood curriculum. Breakfast and lunch served. Physical and dental exams and follow-ups provided for eligible children. Mostly for low-income families or children with identified disability. Also provides referrals for parents/families on social services, educational services and health services.

Eligibility

Child must be 4 years of age by Sept 1 of current year.

Contact Enrollment Specialist: Darlene Storie.
Email: Storie@suu.edu

Contact Health Services Manager: Cindy Seipert.
Seipert@suu.edu

Locations on following page.

Head Start Preschool Locations in the Five-County Area

CEDAR CITY

Phone **435-586-6070**, Ext 203; Toll-free 1-800-796-6070
Address 2390 West Hwy 56 Ste. 1, Cedar City, UT 84720

BEAVER

Phone **435-438-1065**
Address 55 West, Center, PO Box 1203, Beaver, UT 84713

ENOCH

Phone **435-865-6959**
Address 4785 North Wagonwheel, Enoch, UT 84720

ESCALANTE

Phone **435-826-4225**; FAX: 435- 826-5232
Address 325 East Main, P.O. Box 627, Escalante, UT 84726

FILLMORE

Phone **435-743-6339**
Address 555 West 400 South, Fillmore, UT 84631

HURRICANE / LAVERKIN

Phone **435-635-3442**; FAX: 435- 635-5543
Address 705 North 195 West, LaVerkin, UT 84745

KANAB

Phone **435-644-8426**
Address 141 North Main, Kanab, UT 84741

MILFORD

Phone **435-387-2012**
Address P.O. Box 546, 680 West 300 South, Milford, UT 84751

PANGUITCH

Phone **435-676-2523**; 161 North Main (rear)
Address P.O. Box 842, Panguitch, UT 84759

PAROWAN

Phone **435-77-1715**
Address 55 South 300 East, Parowan, UT 84761

ST. GEORGE

Phone **435-628-5641**; FAX 435- 674-1579
Address 494 East 900 South, St. George, UT 84770

WASHINGTON CITY

Phone **435-634-0280**
Address 217 East Telegraph , Washington City, UT 84780

Health Insurance Information Program

Five County AOG Vol Ctrs Program

Description: The Five County Health Insurance Information Program (HIIP) is a free service by volunteer counselors trained to provide information about Medicare, Medicaid, medigap and other health insurance issues.

Services: Trained volunteer counselors respond face-to-face or by phone to questions from area residents relating to Medicare, Medicaid, medigap and other insurances.

Eligibility: Beneficiaries with questions or problems relating to Medicare, Medicaid or medigap insurance coverage.

Call 1-800-541-7735 toll free from anywhere in the five county region.

See: **Volunteer Centers of the Five County Region** for more detailed contact information.

Heart Support Group

Description

Individuals struggling with heart problems benefit from the experiences of others with the same challenges each third Friday of the month at noon in the Board Room at DRMC 400 East Campus. Free Admission. Call **435-688-4123**, or **435-688-4000** for specific information.

H E A T

Description

This program is a federally-funded program that helps qualified, low-income individuals pay the high cost of winter heating bills. HEAT offers a one-time payment to the utility company based on recipient's income and energy burden. Applications are taken at various locations in each of the five counties. The administration office is located at the Five County Association of Governments in St. George, UT.

Eligibility

Participants must meet income-eligible guidelines which are updated annually.

Fee None.

The HEAT Program is in existence from November 1 through April 30 each year or until funds are exhausted. Applications are taken at various locations in each of the five counties. Hours vary, but should be posted at the individual centers.

Contact information on following page.

HEAT Continued

WASHINGTON COUNTY

Phone **435-652-9643**

Address 168 North 100 East Suite 201, St. George, UT 84770

IRON COUNTY

Phone **435-586-0858**

Address 489 East 200 So (Sr. Center) Cedar City, 84720

BEAVER COUNTY

Phone **435-421-9307**

Address 85 East Center (Sr. Center), Beaver, UT 84713

GARFIELD COUNTY

Phone **435-467-8597**

Address 89 North 100 West (Sr. Center), Escalante, UT 84726

KANE COUNTY

Phone **435-644-3803**

Address 176 South 100 East , Kanab, UT 84741

Heritage Home Assisted Living

Phone **435-635-7678**

Address 45 North 100 West
Hurricane, UT

Highland Manor (Assisted Living)

Phone **702-346-7666**

Address 272 West Pioneer Blvd. Mesquite, NV

HIV-AIDS Task Force of Washington County

Description

Community group that provides education and free HIV testing.

Contact George Stoddard Phone

Phone **435-632-8113**

Home and Community Based Alternative Program

Five County AOG Program

Description

The Alternatives Program provides a comprehensive array of quality client centered services. The services enable a client to live in their own home, if the needs for social and medical services can be met.

Services

The Alternatives Program may provide: case management, homemaker services, chore services, adult day care, adult companion services, supportive maintenance aide, personal emergency response and reminder systems, non-medical transportation, specialized medical equipment and assistive technology, home-delivered supplemental meals, environmental accessibility adaptations, personal care attendant services, respite care services.

Eligibility

60 + years of age. Meet income and asset guidelines.

Fee

Based on the adjusted income as determined by the Division of Adult and Aging Services eligibility form and calculated against their fee schedule.

Hours 8 AM - 5 PM Monday - Friday.

Location All counties in the Five County AOG

Contact Carrie Schonlaw

Phone **435-673-3548**

FAX 435-673-3540

Email cschonlaw@fcaog.state.ut.us

Address 1070 West 1600 South Bldg. B, P.O. Box 1550,
St. George, UT 84770



Home Instead Senior Care

Description

Home Instead Senior Care is the world's largest provider of non-medical services for the elderly. Our services enable the elderly to live independently. We are licensed by the state of Utah Health Department.

Services

Our CAREGivers provide meal preparation, light housekeeping, medication reminders, shopping, errands and incidental transportation to religious services, social events and medical appointments. Our CARE Givers are insured, bonded and covered under Workers Compensation and participate in an effective, on-going training program including caring for Alzheimer's patients.

Eligibility All seniors are eligible for our services.

Fee Varies by services needed.

Hours: 24/7

St. George, Hurricane, Cedar City, Mesquite and other surrounding areas

Contact Tom or Linda Adams
Phone **435-688-7406**
FAX 435-688-7408
E-mail linda.adams@homeinstead.com
Address 50 East, 100 South, Suite 201
 St. George, UT 84770

Home Investment Partnership Program

Five County AOG Program

Description

Federally funded housing program administered by the US Dept. of Housing & Urban Development (HUD). This program provides direct rehabilitation loans originated by public agencies or participating jurisdictions. These loans may be used for: (1) Property land acquisition, (2) Rehabilitation, (3) Site improvement, (4) Development hard costs, (5) Tenant assistance and (6) New construction.

Eligibility

This program is designed to benefit very low and low-income individuals and families. Home Rehabilitation loans are limited to the homes owned by qualifying parties.

Fee

No application fees. However, these loan applications require significant documentation and paperwork.

Hours 8:00AM - 5:00PM. Monday-Friday.

Location All five counties in the Five County AOG

Contact Danna L. Alvey

Phone **435-865-0195**

Email dalvey@fcaog.state.ut.us

Address 88 East Fiddler Canyon Road Ste. H
Cedar City, UT 84720

Also inquire about the following programs:

Home Rehabilitation page 82.

Downpayment/Closing Cost Assistance Program 55.

Home Rehabilitation Program

Five County AOG Program

Description

Many low-income homeowners need to make repairs to their property, but are unable to afford the repairs themselves or to obtain private loans to do so. The HOME Rehabilitation Single-family Program provides financial assistance in the form of low interest loans to repair/replace plumbing, electrical, heating/cooling systems, energy efficient doors and windows, insulation, roof repairs, water heaters and home appliances, additions related to over crowding, accessibility for those with disabilities, structural items and reconstruction. Currently loans are between 0-3 percent.

Eligibility

An eligible dwelling must be the primary residence of the homeowner whose income is 80% or below the Area Median Income for the county in which they reside.

Hours 8:00 A.M. - 5:00 P.M. Monday-Friday
Contact Danna L. Alvey

ST. GEORGE

Contact Five County Association of Governments
Phone **435-673-3548**
FAX 435-673-3540
Address 1070 West 1600 South Bldg B
St. George, UT 84770

CEDAR CITY

Contact Five County Association of Governments
Phone **435-865-0195**
FAX 435-586-2633
Address 88 E. Fiddler Canyon Rd., Ste. H.
Cedar City, UT 84720

Homeless Education Project

Description

To provide education assistance to homeless children and to help them achieve their full potential as they pursue their education.

Services

Transition program designed to provide individualized instruction until the child is able to enter a regular school. It serves children from kindergarten through twelfth grade. The emphasis is on improving self-esteem and providing a positive and successful academic experience for the child to take with him/her into the school system. It also provides academic support and tutoring after the child is enrolled in school.

Eligibility	Call for eligibility requirements.
Fee	None.
Hours	9AM-3:30PM, Monday-Thursday.

ST. GEORGE

Phone	435-652-4725 Ex. 100
FAX	435-674-6491
Address	121 West Tabernacle St. George, UT 84770



Hope Pregnancy Care Center

Description

The Hope Pregnancy Care Center is a non-profit, 501C3 organization that opened July 26, 2005. Its purpose is to provide women and men with practical emotional, and spiritual support when facing unwanted or unplanned pregnancies. Hope PCC is affiliated with Care Net, the largest crisis pregnancy resource organization of its kind.

Services

Hope Pregnancy Care Center offers free and confidential services, such as: pregnancy test, accurate information about options; government and community referrals; baby and maternity clothes, baby furniture and

Hope Pregnancy Care Center Continued

accessories, abstinence education programs, parenting classes and post-abortion support. **Hope Pregnancy Care Center does not offer or refer for abortion or contraception.**

Eligibility	Unplanned or Crisis Pregnancy
Fee	None.
Contact	Tracie Tice, Director
Phone	435-656-5331 (Business line)
Phone	435-652-8343 (Client Line)
Toll Free 24-hour Hot Line	1-800-395-HELP (4357)
Hours	M,T,TH 9-5, W 3-7
Address	427 West 100 South Suite B (Corner of Bluff and 100 South) in the Staples Dental Bldg. Bottom floor east side.
Website	www.hopepregnancyutah.org

Hospice

See:	Zion's Way Hospice	page 174
	Southern Utah Home Care and Hospice	page 135.
	Hospice Alliance	page 84
	IHC Home Care and Hospice Southern Region	page 88
	Beaver Valley Home Health & Hospice	page12

Additional Home Health Agencies or independents may offer Hospice programs.

Hospice Alliance

Description

The mission of Hospice Alliance is to provide gentle, comforting, personalized care for terminally ill patients and their families.

St. George

Phone	435-656-2889
Address	965 East 700 South # 201 St. George, UT 84790
Email	Hospiceallianceo@qwest.com

Housing Authority

Description

To provide low-income housing assistance. 244 Section 8 vouchers for low income families, elderly, and persons with disabilities, emergency fund, HOPWA Funds.

Services	Rental payments are subsidized according to income.
Eligibility	Must meet low-income specifications, and family definition. Includes other paperwork.
Fee	Varies according to income levels.
Hours	8AM-5PM Monday-Friday.

CEDAR CITY

Phone	435-586-8462
Address	364 South 100 East Cedar City, UT 84721

ST. GEORGE

Hours	7AM-6PM Monday–Thursday.
Phone	435-628-3648
Email	sghousing@infowest.com
Address	975 North 1725 West St. George, UT 84770

Housing Authority PAIUTE PROGRAM

Description

Low rent housing certificates. Low rent for Indian elderly, disabled and family housing covering Iron, Millard, Sevier, and Washington Counties

Eligibility

Low income status according to current income scale. Native American.	
Hours	8:00AM-5:00PM Monday-Friday
Phone	435-586-1122
Email	jaggis@netutah.com 665 North 100 East Cedar City, UT 84721

HUD Governmental Housing

Description

Emergency Subsidized Housing Funds available. HUD will pay rent for 1 month to qualifiers, but applicant must show proof of ability to pay rent thereafter. HUD also has a list of other low-cost housing available. This number will have access to HUD lists elsewhere.

Phone	435-628-3648
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Human Services Community Action Partnership

Five County AOG Program

Description

The primary purpose of the Human Resources Division is to maximize the effectiveness of human service resources being expended in the Five County area through **direct services**, comprehensive planning, proper resource management, resource development and program evaluation. **We address needs by providing direct services and collaborating with a network of human service agencies and partners** to assist individuals, families, and community groups to become self-sufficient.

We are the local Community Action Agency serving southwest Utah. We work toward mitigating the causes and conditions of poverty in the region through a variety of means including employment, education, housing, transportation and emergency assistance.

The **Five County Human Services Council** has the responsibility for making policy recommendations to the Steering Committee of the Five County Association of Governments on all matters pertaining to Human Services in Southwest Utah. This council is a tri-partite board, made up of no more than one-third elected/public officials, one-third low-income representatives, and the remainder from the private sector. The Human Services Director and agency receptionist provide staff support to the Council.

Eligibility

Eligibility varies according to individual program. CSBG eligibility is 125% of poverty level. SSBG eligibility is based on a sliding scale according to household size and income. Most all direct services are sub-contracted to local entities on a competitive bid basis. Many have group and universal eligibility.

Fee

SSBG (Social Services Block Grant) programs are the only ones with a potential fee. It uses the Human Services General Department Fee Schedule #1, a sliding scale based on household size and income.

Hours 8AM - 5 PM Monday-Friday

Location **Five County Association of Governments**
Contact Beth Cottam
Phone **435-673-3548**
Fax 435-673-3540
Address 1070 West 1600 South Bldg. B
St. George, UT 84770

Huntsman Intermountain Cancer Education Center

Phone 435-688-5057
Hours 9-5
Location Dixie Regional Medical Center 400 East Campus
(Entrance on 600 South)

Hurricane Rehabilitation Center

Description

Physical therapy, speech and occupational therapy, activities, social services, RNs and LPNs, Medicare, Utah and Nevada Medicaid, private.

Services

To provide medical, health and domestic services to the senior and/or disabled citizens in the area.

Eligibility Need.
Fee Varies.
Hours 24-hour on call.

HURRICANE

Phone 435-635-9833; 435-635-9842
Email dottie@missionhealthservices.org
Address 416 North State
Hurricane, UT 84737

Hurricane Valley Food Bank

Contact Harold
Phone 435-635-0995

Immigration Law Offices

Description

Certified specialist in immigration and nationality law. No charge for initial consultation.

Phone 435-656-1136
Fax 435-656-1145
Email atharilaw@earthlink.net

Immunizations

Focus: immunizations for vaccine preventable diseases

See: **Southwest Utah Public Health Department page 145.**

Intermountain HealthCare Health Center in St. George

Services

Family Practice; Imaging (X-Ray) Services; Internal Medicine; Insta-Care/Work Med; Pharmacy; Physical Therapy.

Eligibility

Most insurance plans accepted. Medicare and Medicaid patients welcome.

Hours

9AM-9PM daily, for InstaCare. Other services need an appointment.

ST. GEORGE

Address	577 South River Road, St. George, UT 84790	
Phone	Family Practice	688-6100
	Imaging Services (X-ray)	634-4250
	Internal Medicine	688-6200
	Insta Care/Work Med	688-6300
	Pharmacy	688-6500
	Physical Therapy	688-6550
	Services Directory	688-6000

Intermountain HealthCare Home Care and Hospice Southern Region

Description

Complete health care services: Registered nurses, home health aides, physical therapy, occupational therapy, speech therapy, medical social workers, hospice services, infusion therapy, medical equipment, supplies and enterstomal therapy.

Services

To provide medical, health and domestic services to the citizens of all ages in the area.

Eligibility	Need.
Fee	Varies.
Hours	24-hour on call.

ST. GEORGE

Phone	435-688-4567
Toll-free	1-800-411-0025
Address	1240 East 100 South, Bldg. 22 Suite #219 St. George, UT 84790

CEDAR CITY

Phone	435-586-8703, 865-5391
Address	727 Paradise Canyon Road, Cedar City UT 84720

Intermountain HealthCare Home Medical Equipment

Description

Services and equipment for home care.

Services

24-hour emergency on-call service (registered respiratory therapist on call). We strive to provide the best possible comprehensive care for the patient in a timely manner.

Fee Call.

Hours 8:30 AM-7:30 PM, Monday-Friday.

ST. GEORGE

Phone **435-688-4554**

Address 1240 East 100 South, Suite #119
Bldg. 22
St. George, UT 84790

Intermountain HealthCare InstaCare

Description

When it's after office hours, or you haven't had time to establish your family with a physician yet, and when your child has a fever and you're not sure you should wait it out, the InstaCare is the place to go for such episodes that need urgent care.

Services

InstaCare is designed to treat injuries and illnesses that are urgent, yet not life-threatening.

Hours 9AM-9PM, seven days a week.

River Road Health Center

Phone **435-688-6300**
577 South River Road
St. George, UT 84790

Sunset Clinic InstaCare

Phone **435-634-6050**
1739 West Sunset Blvd.
St. George, UT 84770

Hurricane InstaCare

Phone **435-635-9100**
Address 90 South 700 West
Hurricane, UT 84737

Cedar City InstaCare

Phone **435-865-3440**
Address 962 South Sage Drive
Cedar City, Utah 84720

Institute for Continued Learning (ICL) **Dixie State College of Utah**

Description

ICL is a program of classes and activities for lifelong learners. It is a chartered, on-campus organization of Dixie State College of Utah with more than 500 members. While it is primarily for retired and semi-retired, it is open to any interested adult. There are no test, grades or required attendance.

Services

ICL offers classes, field trips, socials, fun and friendship. More than 30 classes are available, all taught by excellent, well-qualified volunteer leaders or instructors. Membership in ICL allows use of the DSC library and purchase of the DSC student window decal for parking on campus.

Eligibility

By membership. Retired, semi-retired, or any adult who is able to attend classes and field trips during normal working hours. Utah residency is not required.

Fee

\$40 annual membership fee for all classes and field trips, some additional charges for socials and parties.

Hours

Office hours are Monday – Thursday, 9:30 AM--2:30PM.

OFFICE

Phone	435-652-7670
Email	icl@dixie.edu
Website	www.dixie.edu/com/icl/index.asp
Mailing	Institute for Continued Learning 658 East 200 South St. George, UT 84770

Intermountain Specialized Abuse Treatment Center (ISAT)

Description

Intermountain Specialized Abuse Treatment Center is a private, non-profit agency with a mission to provide specialized services to individuals and families affected by abuse, in order to help in the healing process and prevent future victimization.

The major focus of ISAT is the prevention and treatment of child abuse, domestic violence, substance abuse, and related issues through comprehensive outpatient programs.

Services

Sexual Abuse Programs
Domestic Violence Programs
Substance Abuse Treatment Programs

St. George

Phone **435-628-8075**
Address 321 North Mall Drive
St. George, UT 84790

Cedar City

Phone **435-586-5966**
Address 520 South Main Street #C
Cedar City, UT 84720

International Travel Clinic

Southwest Utah Public Health Program

- Individual Pre-travel Appointments with Nurse
- Food & Water Safety Education

Prescriptions, including malaria prophylaxis & traveler's diarrhea
See address details for all the Five-County area under **Southwest Utah Public Health Department** in this Directory **page 146**.

Iron County Home Health

Description

Certified home health agency.

Services

Enterostomal therapy, HIV/AIDS care, home health aides, infusion therapy, long-term care, medical social work, occupational therapy, pain and symptom control, pediatric program, personal-care assistance, pharmacy consultation, physical therapy, skilled nursing, speech therapy, spinal cord/rehab program, antibiotic therapy, antifungal therapy, antiprotozoal therapy, antiviral therapy, hydration therapy, pain management, total enteral nutrition, total parenteral nutrition.

Fee Medicare/Medicaid certified, insurance and private pay.

Hours 8:30AM-5PM, Monday-Friday (on-call 24-hrs/day)

CEDAR CITY

Phone **435-586-3939**

Address 465 South Main #4
Cedar City, UT 84720

Iron County Youth Center

Phone **435-586-1704**

See also: **Youth Crisis Centers** in this directory **page 172**.

ISAT

See: **Intermountain Specialized Abuse Treatment Center** in this directory **page 91**.

Job Corps

Description

Job Corps is a federally funded program which offers young people 16-24 the opportunity to earn a high school diploma or GED as well as vocational training and college education.

Services

Training and education for students 16–24. Assist young people in developing skills in order to become employable. While on campus students receive a monthly living allowance, housing, meals and medical and dental care. When students complete their training Job Corps will help place them in good jobs.

Eligibility

Age 16-24, legal U.S. resident, be suitable for the program, meet income guidelines.

Fee Job Corp is totally free.

Hours 8:00AM-5:00PM, Monday-Friday and by appointment.

Area Served

This office serves the Five County and Six County areas of southern Utah.

Toll-free 1-800-773-5627

Utah 801-693-2902

Website www.jobcorps.dol.gov

Job Referral and Placement

See: **Department of Workforce Services** in this directory **page 36**.

Job Skills Workshops

See: **Department of Workforce Services** in this directory **page 36**.

Judy's Tender Care

Description

Private room with bath and shower and patio entrance.

Upscale catered residential care. High staff ratio.

Services Designed to enhance elderly life.

Fee Call for per-month estimate.

Hours 24 Hours.

LA VERKIN

Phone 435-635-8464, 574 North 360 West, 84745

Juvenile Court

Description

Utah's Juvenile Court serves many purposes. The court has jurisdiction over juveniles under the age of 18 who have committed an offense. The court also has jurisdiction over ungovernable youth if social services and the schools have failed - despite persistent efforts- to correct the youth's problem. The court protects the community, orders appropriate sanctions for delinquent juveniles, and directs their rehabilitation. The court also handles matters involving abused, neglected, or dependent children.

Services

Office Hours: 8a.m. - 5p.m. Mon.-Fri

St George

Phone 435-986-5730

Phone number: 435-986-5730

Address: Fifth District Juvenile Court
220 North 200 East
St. George, UT 84770

Cedar City

Phone 435-586-9832

Fax Number 435-586-4801

Address: Fifth District Juvenile Court
40 North 100 East
Cedar City, Utah 84720

Beaver

Phone 435-438-5309

Address: Fifth District Juvenile Court
2160 South 600 West
Beaver, UT 84713

See also : Fifth District St. George Guardian ad Litem page 67.

Juvenile Detention

Dixie area Detention

Phone **435-627-2800**
330 South 5300 West
Hurricane, UT 84737tion

See also: **Fifth District St. George Guardian ad Litem page 67.**

Juvenile Justice Services

Description

On July 1, 2004, the Division of Youth Corrections became the Division of Juvenile Justice Services. This change is more than cosmetic because it now more accurately describes the breadth of services the Division provides. We work with youth we hope to divert from entering the juvenile justice system through Youth Services, with serious youthful offenders who have been court ordered to secure confinement, and a variety of youth who fall between these two categories.

The Division's responsibilities, as well as the number of staff we employ, have grown substantially over the past 22 years. Since its creation in 1981, we have added Detention, Receiving Centers, Day-Night Reporting Centers, Multi-use Facilities and Youth Services.

Services

Office Hours: 8a.m. - 5p.m. Mon.-Fri

St George

Phone number: **435-986-5730**
Fax Number: 435- 986-5739
Address: Fifth District Juvenile Court
220 North 200 East
St. George, UT 84770

Cedar City

Phone Number **435-586-9832**
Fax Number 435-586-4801
Address: Fifth District Juvenile Court
40 North 100 East
Cedar City, Utah 84720

Beaver

Phone Number: **435-438-5309**
Address: Fifth District Juvenile Court
2160 South 600 West
Beaver, UT 84713

Kane County Hospital & Skilled Nursing Long-term Care Facility

Description

A 33-bed skilled nursing facility providing long-term medical services to citizens in the Kane County area.

Services

Recreational, occupational and physical therapy; social services; special diets; 24-hour nursing; physician on-call; visiting surgeon; doctor on staff.

Eligibility None., **Fee** Varies., **Hours** 24 hours.

KANAB

Hospital 435-644-5811; 435- 644-4161

Skilled Nursing, Long-term Care 435-688-4155

Address 355 North Main, Kanab, UT 84741



Kolob Care and Rehabilitation of St. George

Description

Skilled Nursing and specialized Rehabilitation Center. Private and semi-private rooms. 24-hour skilled nursing services. All rehabilitation services offered. Rehabilitation unit, Respite Care, Long Term Care Unit, Alzheimer's/Dementia unit, and Hospice unit.

Services

To provide full rehabilitation and skilled nursing care to patients in need of twenty-four-hour care. Facility has many specialized medical units including new and well appointed Hospice unit.

Fee Varies.

Medicare/Medicaid/Private pay/Hospice-Respite/and most Insurances.

ST. GEORGE

Phone 435-688-1207

Address 178 South 1200 East, St. George, UT 84790

Website www.kolobcare.com

Kolob Oxygen and Medical Equipment

Services

Durable Medical Equipment for sale and rental.

ST. GEORGE 435-673-6664, 530 East Tabernacle, St. George, UT
Toll-free **1-800-974-2677**

CEDAR CITY 435-586-1212 620 West Industrial Road #13, Cedar

BEAVER, ESCALANTE, MILFORD and PANGUITCH
Phone **1-888-235-7270**

Kolob Regional Care & Rehabilitation Center

CEDAR CITY

Phone **435-586-6481**
Address 411 West 1325 North
Cedar City, UT 84720

LDS Family Services

Description

Individual, family and marriage counseling. Services to unwed parents, and adoption services. Referral services when needed.

Services

To provide social services to community members upon referral of the LDS bishop in their area and to provide services to unwed parents.

Eligibility

Unwed parents may come to the agency without a referral.

Other services require a referral from an LDS bishop.

Fee \$50.00/hr..... (No charge for birth parent services)

Hours 8AM-5PM, Monday-Friday.

ST. GEORGE

Phone **435-673-6446**
FAX 435-652-8020
Email fam-ut-stgeorge@ldschurch.org
Address 2480 East Red Cliffs Dr.
St. George, UT 84790

CEDAR CITY

Phone **435-586-4479**
FAX 435-865-0023
Email fam-ut-cedarcity@ldschurch.org
202 North Main Suite #301
Cedar City, UT 84720

LDS Family Services Addiction Recovery Programs

Description

Support group for those desiring to make appropriate changes in their lives.

Hours

Various meeting locations and times throughout the area.
Contact is through LDS Family Services. Call for details.

WASHINGTON COUNTY AND MESQUITE, NV

Phone **435-688-8042**
FAX 435-652-8020
Email fam-ut-stgeorge@ldschurch.org
Address 2480 East Red Cliffs Dr.
St. George, UT 84790

CEDAR CITY, PAROWAN, KANAB, PANACA, NV, ALAMO, NV,

Phone **435-586-4479; 435-387-2437**
FAX 435-865-0023
Email fam-ut-cedarcity@ldschurch.org
Address 202 North Main Suite #301
Cedar City, UT 84720

Legal Aid for People with Disabilities

1-800-586-2773

Legal Aid to Victims of Crime

Free legal services to crime victims.
Police report required for proof of crime.

Phone **1-800-662-1772**

Legal Help Service

CEDAR CITY

See: Utah Legal Services page 159.

ST. GEORGE

See: Southern Utah Community Legal Center page 133.

Legislatures

See: Utah State Legislators for Five-County Area 2007 in this directory.

Lincare Medical Supplies

Description

Supply medical equipment, including oxygen, to home or health care facility. DME (Durable Medical Equipment) for sale or rent.

ST. GEORGE

Phone 435-674-4477
Address 291 East 1400 South #5, St George, UT 84770

CEDAR CITY

Phone 435-586-0106
Address 987 North Main Ste. 11
Cedar City, UT 84720

KANAB

Phone 435-644-2880
Address 310 South 100 E #3
Kanab, UT 84741

PANGUITCH

Phone 435-676-8686
Address 551 East Center
Panguitch, UT 84759

MESQUITE

Phone 702-346-2122
FAX 702-346-4248
Address 21 East Mesquite Blvd
Mesquite, NV 89024

RICHFIELD

Phone 435-893-8900

For information on Caliente, NV, call: 1-800-662-2535.

Long Valley Care & Share

Orderville
Phone 435-648-2504

LVER

See: Refer to Veterans Services page 166.

MADD—Mothers Against Drunk Drivers

Phone 1-800-GET-MADD

Man-to-Man Prostate Cancer Support Group

DRMC 435-688-4123

Meadows Retirement Community

Description

A leisure care retirement community. Assisted living services available. Monthly rental and all amenities. Full-time nurse on duty, 3-meals daily, housekeeping.

Services To provide care and services for long-term seniors in the area.

Fee Varies.

Hours 24 Hours.

ST. GEORGE

Phone 435-628-0090

Address 950 South 400 East
St. George, UT 84770

Meals on Wheels

Address Inquire through Senior Citizen Centers.

BEAVER

Phone 435-438-5313
Address: 81 East Center Street,
P.O. Box 1021, Beaver, UT 84713

MILFORD

Phone 435-387-2379
Address 415 N 100 W,
P.O. Box 206, Milford, UT 84751

CEDAR CITY

Phone 435-586-0832
Address: 489 E 200 S,
Cedar City, UT 84720

MINERSVILLE

Phone 435-386-8410
Address 240 South Center,
P.O. Box 353, Minersville, UT
84752

ENTERPRISE

Phone 435-878-2557
Address: 165 S 100 E,
P.O. Box 342, Enterprise, UT
84725

PANGUITCH

Phone 435-676-2281
Address 55 South Main
Street, Panguitch, UT 84759

ESCALANTE

Phone 435-826-4317
Address: 89 North 100 West
Escalante, UT 84726

PAROWAN

Phone 435-477-8925
Address 68 S 100 E,
P.O. Box 262, Parowan, UT 84761

HENRIEVILLE

Phone 435-679-8666
Address Main Street,
Henrieville, UT 84736

ST. GEORGE

Phone 435-634-5743
Address 245 N 200 W,
St. George, UT 84770

HURRICANE

Phone 435-635-2089
Address 95 N 300 W,
Hurricane, UT 84737

KANAB

Phone 435-644-5250
Address 56 W 450 N,
Kanab, UT 84741

LONG VALLEY

Phone 435-648-2504
Address 417 East State N.
Hwy 89, Orderville, UT 84758

Medicaid Aging Waiver Five County AOG Program

Description

The Medicaid Aging Waiver Program offers the frail and elderly to improve their quality of life, increase opportunities for their independence and maintain their sense of dignity by receiving support services to help keep them independent enough to remain in their own homes.

Services: See Alternatives Program page 79

Eligibility

65 + years of age, frail or elderly and Institutional Medicaid eligible. (Call for complete details.)

Fee—Asset and income guidelines determine if Medicaid spend down is assessed.

Hours 8 AM - 5 PM Monday - Friday.

Location All counties in the Five County AOG

Contact Carrie Schonlaw

Phone 435- 673-3548

Email cschonlaw@fcaog.state.ut.us

Address 1070 West 1600 South Bldg. B, St. George, UT 84770

Medicaid Assistance

See: **Department of Workforce Services page 37** in this directory.

Medicaid Consultant, Karen Sue Nicks

Description/Purpose: Education and assistance through the difficult Medicaid application process when placing a loved one in a Long Term Care facility. Community service with a purpose to protect the spouse and/or family from financial hardship.

Services: Available to meet with the applicant's family and provide education of how and when to apply for Medicaid; the eligibility requirements and choices available when the assets exceed the limits to qualify. Providing important information regarding Federal and State rules and how to protect the spouse's future.

Fee: \$50 for the first interview hour and a reduced hourly rate for those who desire my assistance in gathering asset verifications to complete the application process for submission to Medicaid.

Hours 9 A.M.—5 P.M. Mon-Fri except holidays.

Contact Karen Sue Nicks

Phone **435-668-7551 or 435-674-7102**

Email ksnmc@infowest.com

Medicine Program

Description

For individuals without insurance coverage for outpatient prescriptions who do not qualify for Medicaid, meeting income requirements. Program's function is to work in cooperation with physician to enroll patient in an available patient assistance program. \$5. processing fee, refundable if patient does not qualify for enrollment.

Phone 573-996-7300
Address P.O. Box 520,
Doniphan, MO 63935-0520
Website www.themedicineprogram.com

Men's Pornography Addiction Recovery Group

See: LDS Family Services Addiction Recovery Programs **page 98** in this directory.

Men's Support Group

ST. GEORGE

Phone 435-688-4123
Contact Pat Sapio

Mesa View House

Description

Private room with bath and shower and patio entrance. Upscale catered residential care. High staff ratio.

Services Designed to enhance elderly life.

Fee \$1,850 per month and up.

Hours 24 Hours.

TOQUERVILLE

Phone 435-635-7723
Address 1097 South Toquer Blvd.
PO Box 187
Toquerville, UT 84774

Mesa View Regional Hospital

Phone 702 346-8040
Address 1299 Bertha Hall Avenue
Mesquite, NV

Milford Valley Hospital and Home Health Care Services

Description

Long-term care, clinic, home health, ambulance services for Milford and Minersville areas.

Services

Skilled nursing, physical therapy, medical social workers, certified home health aids, homemakers and volunteer companion services.

Eligibility

Clients of all ages under Medicare, Medicaid, private insurance, and private pay.

Fee

Varies.

Hours

24-hours daily-7 days a week.

MILFORD

Hospital 435-387-2411, 435- 387-5011
Home Health 435-387-2746
Address 451 North Main
PO Box 640
Milford, UT 84751

Minority Health Resource Center

Under the Office of Public Health and Science, this resource center may also be reached at <http://www.omhrc.gov/omhrc> . They publish a Pocket Guide to Minority Health Resources.

Phone 1-800-444-6472

Multiple Sclerosis (MS) Support Group

Phone Toll-free 1-800-344-4867

NAMI Family-To-Family National Alliance on Mental Illness (NAMI)

A free 12-week course that balances education and skill-training with self-care, emotional support and empowerment for relatives of those diagnosed with one of the following serious and persistent brain disorders (mental illnesses): Schizophrenia, Major Depression, Bipolar Disorder, Borderline Personality Disorder, Panic Disorder, OCD and co-occurring Brain Disorders and Addictive Disorders. The course is not appropriate if the primary problem is: alcoholism, brain injury, Alzheimer's, criminal behavior, post-traumatic stress disorder, or physical/sexual abuse in the family. Nor does the course cover the childhood disorders of autism, childhood schizophrenia or ADHD.

Phone: **435-688-9458**

Contact: Ruth Pace

Hours: Class meets 7:00 P.M. each Tuesday night

Location: Dixie Regional Hospital
1380 Medical Center Drive

NAMI Program

BRIDGES (offered by NAMI Utah)

A free 10-week course developed by consumers of mental health services to help those with brain disorders (mental illness) learn how they can better understand and cope with their illness and disability. Specifically, it is designed to provide the participant "with a solid foundation of general information on recovery, support, types of mental illnesses, medication and how they affect the brain, problem management, crisis planning, suicide prevention, and communication skills." The sponsors of the course are the Tennessee Mental Health Consumers' Assn., the National Alliance on Mental Illness of Tennessee (NAMI-TN), and the Tennessee Department of Mental Health and Developmental Disabilities.

Contact: Dan Lewis

Class Meets 7:00 P. M. each Tuesday.

Phone: **435-773-4045**

Location: Dixie Regional Hospital
1380 Medical Center Drive

NAMI Support Group

Phyllis at **435-586-3408** ; Rosie at **435-586-0536**; or **435-867-7631**

Nannies for Grandpas & Grannies

Description

Adult Day Care Center. Short stay care for elderly individuals and/or respite for Alzheimer's Care.

Services

Home-cooked meals; daily showers; arts and crafts; games and music; big screen TV; exercise room; library. State licensed with on-call physician.

Eligibility

Medicare approved.

Hours

M-F 7 -7 Others upon request.

Possible weekend stays and emergency care.

St George

Phone

435-652-1633

Address

733 East Tabernacle
St. George, UT 84770

Narcotics Anonymous

Description

Support group for those desiring to make appropriate changes in their lives to stay free of narcotic addictions.

Hours

Call for details.

ST. GEORGE

Phone

435-673-0608

KANAB

Phone

435-644-8047

CEDAR CITY

Phone

435-586-2515, 592-5845

Hurricane

435-703-0115

Help Line:

435-467-4403

www.suana.org

National Kidney Foundation

Description

Information and support for kidney disease patients.

Phone

1-800-622-9010 (National office)

Phone

801-226-5111 (Utah Foundation)

National Multiple Sclerosis Society, Utah St. Chapter

Description

Do you know someone with MS? Do they know us? Our mission is to end the devastating effects of MS. The Utah Chapter of the National Multiple Sclerosis Society is proud to be a source of information about multiple sclerosis. Our comments are based on professional advice, but do not represent therapeutic recommendation or prescription. For specific information and advice, consult a qualified physician.

1-800-FIGHT-MS or 801-424-0113; Salt Lake City, UT 84115

NeedyMeds.com

Description

There is help available for the many millions of people who have no insurance and can't afford to purchase their medicines. **NeedyMeds** is the place to learn about patient assistance programs and other programs designed to help those who can't afford their medicines.

NeedyMeds is not a program. It's an information source

Contact www.needymeds.com on the web.

New Choices Waiver

Five County AOG Program

Description

Help for individuals to transition from nursing facility setting back to community.

Eligibility

Must be 21 years plus 1 month old.

Call for more information. **435-673-3548**

New Frontiers for Families

Description

Advocacy for children and families working with agencies. Special focus on mental health needs.

Services Advocacy, information/referral, education

Eligibility Medicaid client

Cedar City 435-867-7632

Kanab 435-899-5858

Nicotine Anonymous Support Group

Call Cathy 435-680-0205

Night Light Pediatrics

Description Urgent after-hours pediatric care
Services Newborns to 20 years old.
Hours No appointment required--6:00PM-10:00PM Nightly
ST. GEORGE
Phone 435-628-8034, 1240 East 100 South #14, St. George

Nutrition Education Programs

Description

Education in cooperation with food assistance programs (food stamps, WIC etc.).

Services

Nutrition assistants from similar backgrounds teach participants on their own level. The program promotes wise nutrition choices, teaches practical cooking skills, menu planning and shopping skills.

Eligibility

(1) Individuals with young children These homemakers are given priority in enrollment). (2) Families receiving public assistance. (3) Unemployed families with a low level of formal schooling. (4) Families living in housing that is in need of extensive repair or replacement. (5) One wage-earner with a relatively large number of children, youth and/or elderly dependents. (6) Employed family members with a heavy burden to support the household.

Hours

8:30 AM-12:00 Noon and 1:00 PM-5:00 PM Monday--Friday.

ST. GEORGE

Phone 435-634-5706
Location Washington County Extension Division of Utah State
University
Address 197 East Tabernacle
St. George, UT 84770

CEDAR CITY

Phone 435-586-8132
Address 585 North Main, Suite #5
Cedar City, UT 84720

See: Utah State Extension Services in directory for further information.

Nutrition Therapy

A registered dietitian can custom tailor a nutrition plan for you whether your goal is to eat healthfully and lose weight, or to manage a health condition effectively through good nutrition. Call for appointment.

Call 435-688-4184

Office of Recovery Services

Description

To establish or collect child support; to establish paternity; to collect shelter cost from parents of youth in custody; to enforce the medical support provisions of a court order.

Services

Legal services/child support.

Eligibility None.

Fee None.

Hours 8:00AM-5:00PM, Monday-Friday.

ST. GEORGE

Phone **435-674-3900**

Address 377 East Riverside Drive. Bldg. B suite C
St. George, UT 84790

Office of Rehabilitation for the Deaf and Hard-of-Hearing

See **Southern Utah Division of Services to the Deaf and Hard of Hearing** in this directory, **page 134**

Ombudsman (for Long-term Care)

Description

Assists aging residents of long term care facilities in asserting their civil and human rights. The Long Term Care Ombudsman is responsible for receiving and resolving complaints, conducting investigations on acts, practice, policy and procedures of long-term care facilities when there is reason to believe that the health, safety, welfare, or civil and human rights of an elderly resident is at risk. Adult foster care.

Eligibility

The recipient must be more than the age of 60 and a resident of a long-term care facility such as a nursing home, residential care unit or an assisted living facility. Anyone can make a referral.

Hours 8 AM - 5 PM Monday- Friday

Location **All counties in the Five County AOG area**

Contact Judy Greene

Phone **435-674-3948**

Open Heart Surgery Support Group

Contact Pat Sapio at 435-688-4123

Orderville Medical Clinic (Kane County)

Phone 435-648-2775

Ostomy Support Group

ST. GEORGE

Phone 435-688-4123

Contact Pat Sapio

Our Home

Description

Alternative to the traditional nursing home experience. Family setting, personal care assistance, medication monitoring, 24-Hour supervision and RN on call. Home cooked meals, transportation to doctor appointments and reasonable rates.

Services

To provide care and services for 1-12 long-term senior residents.

Fee Varies.

Hours 24 Hours.

HURRICANE

Phone 435-635-7561
155 West 100 North
Hurricane, UT 84737

Overeaters Anonymous (OA)

Support Group for those needing help with overeating, anorexia or bulimia.

ST. GEORGE

Phone 435-688-1108 (Anne)

Paiute Indian Tribe of Utah Health and Social Services

Description

Assistance for family members of the Paiute Indian Tribe of Utah.

Services

(1)To **prevent child abuse** among tribal families. Education and support offered.

(2)**Financial assistance** for tribal families who are not eligible for assistance from the state.

(3)**Substance abuse** outpatient treatment, inpatient treatment and an aftercare program. Prevention programs also offered to the individual and family upon request.

(4)To prevent the break-up of tribal member families. **Family preservation counseling**, monitoring of school progress, tutors, activities, subsidized cost and access to licensed day care, emergency food vouchers, assistance with foster care placement and adoption under the Indian Child Welfare Act.

(5)To help **elderly tribal members access benefits** through federal government programs. Workers assist elderly tribal members complete applications for Social Security, SSI, Medicaid and Medicare and legal referral.

(6)**Medical**--To provide or give assistance to the Paiute Indian and other CHS eligible Native Americans for all health care services. Determine eligibility for services. We do not have on-staff doctors. We contract all health services to the agencies or vendors that will give the best care for clients. We are the payer of last resort, but help establish that information. We offer health care, hospital office visit, dental, optometry, emergency, home health, mental health, alcohol and drug, health education & counseling, shuttle service to agencies as long as health-related.

Eligibility

Paiute tribal members and other Native Americans living on the Reservation. No fee.

Hours 8:00AM-4:30PM, Monday-Friday.

CEDAR CITY

Phone **435-586-1112**
440 North Paiute Dr.,
Cedar City, UT 84720

Paiute Indian Tribe of Utah Health and Social Services Substance Abuse Program

Description

The Paiute Indian Tribe of Utah substance abuse program provides counseling services to those tribal members who are eligible for tribal health services and benefits.

Services

Substance abuse outpatient treatment, inpatient treatment and an after-care program. Prevention programs also offered to the individual and family upon request.

Eligibility Those receiving tribal health benefits and services.

Fee Depending on program.

Hours Call.

CEDAR CITY

Phone **435-586-1112**
Address 440 Paiute Dr.
Cedar City, UT 84720

Parenting Classes

Description

Classes to help parents become stronger in a more positive approach to rearing their children.

Services Classes (call for schedules)

Southwest Center Prevention Services

Phone **435-634-5604**
St George, UT

Division of Child and Family Services

Phone **435-652-2960**

Parkinson's Disease Support Group

ST. GEORGE

Phone 435-688-4123
Contact Pat Sapio

Parowan Foster Care

Description

Shelter and care. Assist Division of Family Services providing discipline, modeling for appropriate behaviors. Independent living skills, recreation, structure and guidelines for making proper choices. All within a loving and caring family model.

Eligibility

Must be placed through Division of Child and Family Services.

Fee None.

Hours 24 hours/7 days a week.

PAROWAN

Phone 435-477-8039
Address 329 West 300 South
Parowan, UT 84761

PCN

Primary Care Network—Low Cost Health Coverage in Utah

Description

The PCN program is for people age 19-64 who do not qualify for Medicaid and have no other health insurance and meet income guidelines.

Services

PCN covers:

Care from your Primary Care Physician, Limited Pharmacy and Limited Dental.

There is an enrollment fees and co-pays. It does not cover specialist or inpatient hospitalization.

Phone 1-888-222-2542
Website <http://health.utah.gov/pcn/>

Petersen Medical

St. George
Phone **435-628-4949**
Toll Free 1- 866-424-4949
Address 1490 East Foremaster Drive (Coral Desert Medical Plaza) #100, St. George, UT 84790
Website www.petersenmedical.com

Pharmaceutical Resource

Description

These websites allow you to search by medicine or pharmaceutical company for available patient assistance programs.

Services

These are internet sites that can show you which medications are free or reduced from pharmaceutical companies. Each pharmaceutical requires its' own application form. Applications can be found online or mailed to you. Some oncology clinics may provide the necessary forms. Even if you do not see the medication you are prescribed listed, with a personal letter of request from you and recommendation from your physician, the company may be willing to donate or reduce the cost on a case-by-case basis. Questions about the following might be asked: Product and medical information, individual insurance coverage and benefits, submitting claims, letter of medical necessity, alternate coverage options, and available claims coding procedures. Lists of all medications, including those used in cancer treatment, can be searched.

Phone **1-334-662-0023**

www.needymeds.com or www.HelpingPatients.com
www.cancersupportivecare.com/drug_assistance.html

Planned Parenthood

ST. GEORGE

Phone **435-674-9933; 801-532-1586**
Address Color Country Health Express
595 S. Bluff #1
St. George, UT 84770

Porter's Nursing Home

Description

Medicare/Medicaid certified, physicians on call, recreational, speech, occupational and physical therapies and social services available.

Services

To provide short-term and long-term care to seniors and/or disabled persons.

Fee Varies.
Hours 24 Hours.

ST. GEORGE

Phone 435-628-1601
Address 126 West 200 North
St. George, UT 84770

Praxair Health Care Services

DME (Durable Medical Equipment) only; rent or sale.

ST. GEORGE

Phone 435-673-3250
Toll-free 1-800-657-2690
Address 1509 South 270 East #9
St. George, UT 84790

CEDAR CITY

Phone 435-586-0379
Toll-free 1-800-657-2690
Address 198 North Main
Cedar City, UT 84720

Pregnancy Risk Hotline

Description

Univ. Of Utah School of Medicine answers questions re: pregnancy and alcohol and drugs. Mon-Fri. 8-5 p.m. Call backs made to those calling after-hours.

Phone 1-800-822-2229

Prenatal – 5 years (P–5) Home Visiting Program

Southwest Utah Public Health Department Program

- Patient education
- Supplies patient with resources based on needs

See address details for all the Five-County area under Southwest Utah Public Health Department in this Directory page 145.

Prenatal Classes

Description

Four-week course; Class covers body changes, discomforts, fetal development, relaxation and breathing techniques, nutrition, labor and delivery, cesarean birth, breastfeeding, bottle-feeding, infant care, post-partum care and contraceptives.

Special Care Prenatal Classes—Tailored to young, single mothers.

Fee Call for information

ST. GEORGE

Phone **435-251-2222**

Address Dixie Regional Medical Center
Knight Education Center

CEDAR CITY @ Valley View Hospital

Phone **435-868-5150**

Prime Senior Services

Description

PRIME offers a customized healthy living program for mature adults (age 50 to 150), which focuses on the integrated *body, mind and spirit* approach. Together with PRIME, you create a lifetime healthy living plan that encourages eating right, staying fit and active, overcoming habits harmful to your good health and staying socially and emotionally engaged.

Services

PRIME Membership entitlements include travel with PRIME Sr. Tours (monthly), Senior Lecture Series (monthly): featuring local physicians and medical experts on a variety of health and lifestyle topics; Body, Mind & Spirit health fairs in senior communities; newsletter (monthly); and discounted fees for DRMC Fitness Institute (DRMC River Road campus & Summit Health Club) services such as: private trainers, balance and strength exercise classes, complete physical assessments, metabolic testing, body composition assessment, golf/tennis/lawn bowling/running clinics and sports medicine services.

Fee: \$25/per person/per year or \$40/per couple/per year

Hours of Operation: M-F, 9 A.M. – 5P.M.

Contact	Patrick Sapio, Program Director
Phone	Tel: 435-688-4123
FAX	435-688-4125
Address	Dixie Regional Medical Center Knight Education Center (corner of 600 South and 300 East) St. George, UT 84770
Email	dxpsapio@ihc.com

Prime Senior Support Group

For information call: 435-688-4123

Prostate Cancer Support group

ST. GEORGE

Contact	Joe Christopher
Phone	435-680-2127

CEDAR CITY

Phone	435-865-5221
Location	Valley View Medical Center

Public Health Department

See **Southwest Utah Public Health Department** in this directory page 145.

Purn Community Services

Description

Physical therapist, social worker, activity director, Full-time RN consultant, 24-hour services. Veterans and Medicaid certified.

Services

31-bed intermediate facility. Provides medical and health services to senior and disabled patients.

Fee Varies.

Hours 24 Hours.

PAROWAN

Phone **435-477-3615**

Address 69 East 100 South
Parowan, UT 84761

CEDAR CITY

Phone **435-586-1128**

Address 295 South 200 East
Cedar City, UT 84720

Qualified Medicare Beneficiary QMB

QMB covers Medicare premiums, Copays and Deductibles. It is a program limited to Medicare qualifiers only. It can be used in conjunction with Medicaid. If you qualify, your QMB card shows medical clinics that your co-pays and deductibles are covered.

Phone **1-888-222-2542 / 1-800-426-3477.**

Rape Crisis Victim's Advocate Program

You can reach a victim's advocate who will assist any victim of crime.

Phone **435-628-1204**

Utah Council Against Sexual Assault **801-746-0404** www.ucasa.org

Recovery Inc. Support Group

Description	Self help support group for stress reduction, depression and anxiety.
Contact Hours	Shannon at 435-634-8403 ; Mary Ellen at 435-674-2231 11 a.m. Tuesdays
Location	Santa Clara Library 1099 North Lava Flow Drive Santa Clara, UT 84765

Red Cliff Manor

Description	Residential for the elderly.
Services	Call for details. Prices are income based.
ST. GEORGE	
Phone	435-656-5888
Address	1768 East 280 North St. George. UT 84790

Red Cliffs Regional Care and Rehabilitation Center

Description

Private and semi-private rooms with private baths. 24-hour nursing services. All therapies available. Full activities program. Special Alzheimer's unit.

Services

To provide full rehabilitation and skilled nursing care to patients in need of 24-hour care.

Fee Varies/ Medicare/Medicaid certified.

ST. GEORGE

Phone	435-628-7770
Address	1745 East 280 North St. George, UT 84790

Red Cross See: American Red Cross page 7.



Red Rock Center for Independence

Description

Mission Statement: We emphasize abilities of individuals with disabilities to live and participate independently. The Center helps people with disabilities achieve or maintain self-sufficient and productive lives in their communities. We believe that control over one's life may mean having a choice of acceptable options that minimize reliance on others to make decisions and perform everyday activities.

Services

Red Rock Center for independence provides training for people with disabilities to enhance or develop skills that can assure independent living opportunities. Core services include: advocacy, information and referral, independent life skills, training and peer counseling.

Area Served

Counties: Washington, Iron, Kane, Garfield, Paiute, Millard, Sevier, Beaver and Wayne. English spoken, Spanish by appointment.

Eligibility

Referral or Self.

Fee

No fee. There may be a charge for AT equipment.

Hours

8:00 AM - 5:00 PM, Monday-Friday.

Contact

Garry Owens

ST. GEORGE

Phone

435-673-7501

Toll-free

1-800- 649-2340

FAX

435-673-8808

Email

Gowens@RRCI.org

Website

www.RRCI.org

Address

515 West 300 North, Suite A
St. George, UT 84770

Out-stationed staff in Milford and Richfield.

Relay Utah

Description The Relay Utah service was initiated in 1988 as one of the first Relay services established in the United States. Housed under the umbrella of the Public Service Commission, Relay Utah provides access to hearing assistive equipment and telephone relay services, through Sprint, to allow Utah citizens who are deaf, hard of hearing or speech disabled more efficient communication.

Refer to website at www.relayutah.gov

Renter's Fresh Start

Description

To equip people with damaged credit, poor rental history or a criminal record with the knowledge and skills to become responsible and capable tenants. To enter into partnership with owners and managers of rental housing for mutual benefit of the landlord and tenant.

Services

Classes on tenant/landlord law, basic home cleanliness and maintenance, money management, expectations of responsible renters and other basic life skills. The program will enter into a contract with the landlord to recover damages that may be incurred by the program graduate/renter, while in the case management program (6 months post graduation).

Eligibility and Structure

(1) Applicants will be referred from other agencies or from community partners. (2) Applicants will be further screened by the Renter's Fresh Start Case Manager for success/risk factors. (3) Applicants will be required to get a copy of their Credit Report and begin working with a mentor from Renter's Fresh Start or other community specialists to address the problems in their credit history. (4) Clients will be required to open a savings account.

Fee

Clients will pay \$100 for Renter's Fresh Start (\$25/week for 4 weeks, twice weekly classes). Perfect attendance will earn a \$20 deposit into the client's savings account. Where the client is part of a married couple, both partners will be required to attend the classes. Attendance at 7 of 8 class sessions is required for graduation. Graduates will participate in active Case Management for 6 months.

Contact Carolyn McCullough
Phone 435-632-5797
Email sglifeskills@hotmail.com

Rescare Home Care

Description

Assistance to the elderly in their own homes. Non-medical care in the privacy and comfort of one's own home.

Services

Companion care, errands/grocery shopping, medication reminders, transportation, meal preparation, housekeeping, 1-to-24 hour care, daily "TLC" calls, laundry and more.

Fee

Free in-home consultation. Fees for assistance are based upon level of need.

Hours

According to need—per day, week or month.

**St. George
Phone**

435-652-4495



Rescue Alert of Dixie

Description/Purpose

To provide individuals with affordable independence, protection, and peace of mind 24-hours a day.

Services

We provide two-way voice personal emergency response monitoring systems.

Fee

Referral discount rental price; \$30.00 per month. No contract.

Hours

Office 9:00 a.m.–6:00 p.m. Mon–Fri, 10:00 a.m.–5:00 p.m. Sat.

Contact

Steve Olson

Phone

435-986-1735 or 877-658-5729

Address

202 North 2410 East Circle
St. George, UT 84790

Email

solson@rescuealert.com

Website

www.rescuealert.com



Retired and Senior Volunteer Program (RSVP)

Description

Men and women, age 55 or better, enrolled in Five County RSVP, provide meaningful volunteer service in a variety of non-profit organizations, agencies and institutions including schools, libraries, hospitals, BLM, senior centers, food banks, museums and community events. Benefits to enrolled volunteers include no-cost accident and liability insurance, ongoing recognition programs; and if needed, limited mileage reimbursement.

Eligibility

To qualify for benefits and activity in RSVP, individuals must be 55 years of age or older, retired or semi-retired, willing to submit quarterly time and mileage reports and to serve without compensation.

Volunteer Center of Washington County

435-674-5757

1070 West 1600 South Bldg. B, St. George, UT 84770

Volunteer Center of Kane County

435-644-3696

178 South 100 East, Kanab, UT 84741

volunteercenter@kanab.net

Volunteer Center of Iron, Beaver and Garfield Counties

435-644-3696

88 East Fiddlers Canyon Road, Ste. H, Cedar City, UT 84720

Ridgeview Gardens

Description

Assisted living; short stay furnished apartments available, longer-term residents are encouraged to bring their own furnishings to provide a more familiar setting.

Services

Personalized services plan designed for each resident; meals, house-keeping, transportation, full-time activity director; assistance with medications, bathing, and dressing. Beauty shop.

Fee Call for details.

Hours 24 Hours.

ST. GEORGE

Phone **435-656-2700**

Address 220 South 1200 East,
St. George, UT 84790

Rise, Inc.

Description

Rise, Inc., is a not-for-profit organization that contracts with the state to provide support programs for people with developmental disabilities.

Services

We have a state-wide network of hundreds of associates, including many outstanding specialists; behavioral, communication, physical, occupational, speech, dietary, and medical professionals to meet each individual's needs.

Fee Call for details.
Hours 8:00 AM - 4:00 PM, Monday-Friday.
Director Christina Thompson

ST. GEORGE

Phone **435-673-1108**
FAX 435-656-3962
Email Rise@infowest.com
Address 50 East 100 South Suite # 302
St. George, UT 84770

PROVO

Phone **1-800-257-9920**
Address 1561 North
Grandview Lane
Provo, UT 84604

Rocky Mountain Home Care

Description

Home Health Care.

Services

IV therapy, physical therapy, skilled nursing, physical therapy, respiratory therapy, speech therapy, occupational therapy, medical social services, home medical equipment, free diabetes educational series.

Eligibility None.
Fee Medicare/Medicaid.
Hours 24- hours.

ST. GEORGE

Phone **435-673-6699**
Email kipferris@rmcare.com
Address 230 North 1680 East, Unit V1
St. George, UT 84770

Rosecrest Manor

Description

Fun activities, transportation, personalized care and companionship, 24-hour care.

Services

To provide quality home life for senior citizens who are unable to totally care for themselves or are lonely and no longer wish to live by themselves. Home health nurses and aides visit facility daily.

Fee Private Resources.

Hours 24 Hours.

ST. GEORGE

Phone 435-673-7398

Address 48 West 700 South
St. George, UT 84770

Safe Kids Coalition Washington County Chapter

Description

The Washington County Safety Council is a volunteer non profit organization made up of concerned business members in our community, such as: the School District, PTA, Highway Patrol, EMTs, several health departments, and many others.

Services

We try to help educate the youth of our community by having different types of safety assemblies, activities and health fair booths.

Eligibility None.

Fee Only for selected items.

Hours 8 AM-5 PM, Monday-Friday.

ST. GEORGE

Phone 435-986-2562

Address 620 South 400 East
St. George, UT 84770

Salvation Army Soup Kitchen

Description

Help for those in need of food, car repair, lodging and transportation.

Hours Wednesdays 12:00 PM to 1:00 PM

ST. GEORGE

Phone **435-673-2604; 435-688-7795**

Address P.O. Box 188 (mailing)
St. George, UT 84770

Location 220 West 200 North (St. George Catholic Church Hall)

SCORE—Service Corps of Retired Executives

Description

The Service Corps of Retired Executives (SCORE) is a not-for-profit association dedicated to entrepreneur education and the formation, growth, and success of small business nationwide. SCORE volunteers provide personalized confidential one-to-one counseling sessions on topics such as: developing a business plan, securing financing, and managing business growth. Volunteers also participate in workshops to provide aspiring entrepreneurs with additional training on specific business topics.

Eligibility Need.
Fee None
Hours By appointment.

ST. GEORGE

Phone **435-652-7741 (Dixie Business Alliance)**

Address 225 South 700 East Udvar Hazy #127
St. George, UT 84770

Senior Citizen Centers

Description

Services and various programs for seniors.

Services

Glucose test, bus service, meals, Meals-on-Wheels, educational programs, exercise classes, health screenings, social programs.

BEAVER

Phone **435-438-5313**
Address 81 East Center Street,
P.O. Box 1021, Beaver, UT 84713

CEDAR CITY

Phone **435-586-0832**
Address 489 East 200 South, Cedar City, UT 84720

ENTERPRISE

Phone **435-878-2557**
Address 165 South 100 East, P.O. Box 342
Enterprise, UT 84725

ESCALANTE

Phone **435-826-4317**
Address 89 North 100 West, Escalante, UT 84726

HENRIEVILLE

Phone **435-679-8666**
Address Main Street, Henrieville, UT 84736

HURRICANE

Phone **435-635-2089**
Address 95 North 300 West, Hurricane, UT 84737

KANAB

Phone **435-644-5250**
Address 56 West 450 North, Kanab, UT 84741

LONG VALLEY

Phone **435-648-2504**
Address 417 East State N. Hwy 89, Orderville, UT 84758

Continued on next page

MILFORD

Phone **435-387-2379**
Address 415 North 100 West, P.O. Box 206, Milford, UT 84751

MINERSVILLE

Phone **435-386-8410**
Address 240 South Center, P.O. Box 353, Minersville, UT 84752

PANGUITCH

Phone **435-676-2281**
Address 55 South Main Street, Panguitch, UT 84759

PAROWAN

Phone **435-477-8925**
Address 68 South 100 East, P.O. Box 262, Parowan, UT 84761

ST. GEORGE

Phone **435-634-5743**
Address 245 North 200 West, St. George, UT 84770

Senior Companion Program
Five County AOG Program

Description: Senior Companions serve frail elderly or disabled clients performing such duties as companionship and transportation for grocery shopping and medical appointments and other essential support in the homes of 3-5 clients weekly. Senior Companions may also provide respite for long-term and for hospice patients. Senior Companions serve 15-20 hours a week and receive a non-taxable, non-reportable stipend, plus limited meal and mileage reimbursement for their service.

Eligibility: Over age 60, under 135% of Federal Income Eligibility Guidelines and willing to serve 15-20 hours a week.

- Volunteer Center of Washington County **435-674-5757**
- Volunteer Center of Kane County **435-644-3696**
- Volunteer Center of Iron and Beaver Counties **435-867-8384**
- Volunteer Center of Garfield County **435-867-8384**

Refer to Volunteer Center Iron County for this information

See: *Volunteer Centers in index* for more detailed contact information

Services for the Blind and Visually Impaired

Utah State Office of Rehabilitation

Services

Specialized vocational rehabilitation services including diagnostic and vocational evaluation, vocational counseling and guidance, vocational training, physical restoration services, purchase of equipment necessary for clients success in training, job development resulting in employment. Specialized teaching of adaptive skills, attitudes, availability of resources, orientation, Braille and mobility. Referral Low Vision Services and the State Library for the Blind. Home adaptations to improve retention of independence for those with visual impairments, regardless of vocational interests/capabilities.

Eligibility

1. Qualifying visual impairment. 2. Standard criteria for Vocational Rehabilitation, if employment is a goal.

Fee

No cost for determination eligibility or for most teaching services. If eligible, client will be expected to contribute financially to his/her vocational rehabilitation in accordance with their economic need..

Hours 8:00 AM - 4:30 PM, Monday-Friday.

ST. GEORGE

Phone **435-986-0055**
FAX 435-986-0040
Toll-free 877-315-0259
Email mowaddoups@utah.gov
Address 515 West 300 North #B
St. George, UT 84770-4578

Services to People with Disabilities

Description

To promote opportunities and provide for persons with disabilities to participate fully in Utah life. People with the following disabilities are eligible for services if they meet requirements outlined by the Division: Mental Retardation, Cerebral Palsy, some forms of Autism, Severe Epilepsy and Brain Injury.

Services

The Division offers services and support that assist people to live, learn and work as part of their communities, including Family support, supported employment, other day services, and a range of Residential supports from personal assistance or companion services to 24-hour supervised living.

Eligibility

Varies depending on program. Check with appropriate worker.

Fee	Most are free of charge.
Hours	8:00 AM - 5:00 PM, Monday-Friday.

ST. GEORGE

Phone	435-674-3961
Contact	Ruth Hernandez (Washington County Office)
FAX	(435) 674-3939
Email	Rhernan@hs.state.ut.us
Address	377 East Riverside Dr., Building B Suite A St. George, UT 84790

CEDAR CITY

Phone	435-865-5650
Contact	Sandy Bowman (Iron County Office)
FAX	435-865-5666
Email	scbowman@hs.state.ut.us
Address	106 North 100 East Cedar City, UT 84720

Sex Addicts Anonymous

Description

A 12-step program support group for those desiring to make appropriate changes in their lives related to their sexual addiction.

ST. GEORGE

Email StGeorgeSAA@yahoo.com for information

Location Grace Episcopal Church

Short Term Intensive Training (STIT)

Description

Short Term Intensive Training is a state funded program that was designed primarily to provide skills training for persons seeking employment or wishing to upgrade their current job skills.

Services

To assist business in southwestern Utah to train new employees or to re-train and upgrade old employees, thereby increasing productivity in Utah's business community and enhancing state economic development.

Eligibility All persons seeking employment skills.

Fee Very reasonable.

Hours Call for information.

ST. GEORGE

Phone **435-652-7744**

Address 225 South 700 East
St. George, UT 84770

Single Fathers Support Group

A support group that shows support for single or separated fathers.

CEDAR CITY: email to cedarcitysinglefathers@hotmail.com for location of meeting

Single Moms Support Group

Contact 435-867-0740 (Lisa)

Smoke-Breakers

Description

Help to quit smoking.

Phone 435-688-5368

Phone 435-251-1632

Smoker's Cessation Class

Sponsored by the Southwest Utah Public Health Department in conjunction with the Huntsman Cancer Institute. For those who want to quit smoking. Classes held at the Southwest Utah Public Health Department

Contact Jordan 435-986-2593

Smoker's Cessation Hotline

Phone 1-888-4TRUTH (487-8784)

435-673-3528

www.utahquitnet.com

Social Security Administration

Description

Social Security claims, including retirement, disability, survivors, dependents, death lump sum, Medicare, claimant services, SSI claims, and services to include aged, blind, and disabled.

Services

To provide assistance to those eligible for Social Security and help them to understand their benefits.

Eligibility Persons eligible for Social Security.

Hours 9:00AM-4:00PM, Monday-Friday.

ST. GEORGE

Phone 435-674-9226

Address 923 South River Road
SE Corner of 900 South and River Road
St. George UT 84790

SW Utah toll free 1-800-532-6930

National toll free 1-800-772-1213

Southern Utah Community Legal Center

Description

Utah Legal Services is a non-profit agency created in 1974 to help low-income people with some of their legal problems.

Services

The purpose of Utah Legal Services is to provide free legal help to low-income Utahns in non-criminal cases. Utah Legal Services annually assists about 15,000 Utahns with a variety of legal problems.

Eligibility

Based on income. Generally at or below 125% of federal poverty levels. A person may also qualify based on age or the nature of their legal problem, no matter what their income is. Since these factors are sometimes complex, we encourage you to call Utah Legal Services for assistance.

Fee None.

Hours 8:30 AM--4:00 PM (intake hours), M–F.

Contact Steve Julien

(All new clients or existing clients with a new problem need to call Salt Lake Central Intake Unit: (800) 662-4245.

St. George **435-628-1604**

229 East St. George Boulevard #103
St. George, UT 84770



Southern Utah Division of Services to the Deaf and Hard-of-Hearing

Our Mission: To provide individuals who are Deaf or Hard of Hearing opportunities and programs that enhance or maintain the skills necessary to fully participate in their employment, family and community.

Services

1. Assistive technology demonstration lab/rentals to include phones and other tech devices to aid deaf and hard-of-hearing individuals.
2. Education classes related to the deaf and hard-of-hearing population (lip reading etc.).
3. Sponsored events for deaf and hard-of-hearing people to attend.
4. Individualized services.
5. Community outreach programs, case management and support groups.
6. Library check-out service of books and videos for the deaf and hard-of-hearing.

Description

Program for southern Utah from the Office of Rehabilitation, Division of Services to the Deaf & Hard-of-Hearing.

Phone **435-673-8974 Voice, TTY, and Video**
(Elisha Jones, Interpreter/secretary)

Address 1067 East Tabernacle, Suite 10
St. George, UT 84770-3239

Contact Emily Tanner–Director
Phone **435-673-8983 Video Phone Only**
Fax 435-673-8983
Email dradford@utah.gov
435-673-8983 Video Phone Only
St George Utah 84770-3292



Southern Utah Home Care and Hospice

Description

Home health and Hospice services for five counties in southwest Utah, northern Arizona, Virgin Valley and Moapa Valley in Nevada.

Services

Registered nursing services, certified nursing aides services, physical therapy, occupational therapy, speech therapy, medical social services, volunteer services, clergy services, infusion therapy, medical equipment, homemaking services.

Eligibility Need.

Fee

Costs are covered by Medicare and Medicaid @ 100%. Many insurance companies also cover home health and hospice services with applicable co-pay and deductibles.

Hours

Office Hours 8 AM-5 PM, Monday-Friday. Registered nurse on call 24 hrs.

Contact

Home Health: Craig@nursingathome.com;

Hospice: David@nursingathome.com;

Website: www.nursingathome.com ;

Toll-free # 1-800-748-4667

St. George

640 East 700 South, Suite 101

St. George, UT 84770

Contact: Debbie Cox, RN

435-634-9300

435-652-1677-FAX

Cedar City

337 South Main, Suite 210

Cedar City, UT 84770

Contact: Kris Eggett, RN

435-586-9400

435-865-1539-FAX

Continued on next page

Enterprise

737 East Main
 Enterprise, UT 84725
 Contact: Vickie Stithem, RN
435-878-2024
 435-878-2019-FAX

Hurricane

51 North 1000 West, Suite 6
 Hurricane, UT 84737
 Contact: Lisa Ross
435-635-9300
 435-635-9306-FAX

Hildale

1280 West Utah Ave, Ste 101
 Hildale, UT 84784
 Contact: Jennifer Roundy, RN
435-874-2333
 435-874-2334-FAX

Kanab

60 South 100 East, Suite 1
 Kanab, UT 84741
 Contact: Justin Wren, RN
435-644-2200
 435-644-5383-FAX

Southern Utah Home Oxygen and Medical Equipment

Services	Home oxygen and medical equipment.
Eligibility	None.
Hours	24-hours.

St. George

640 East 700 South, Suite 102
 St. George, UT 84770
 Contact: Eric Andra
435-674-5488
 435-688-2430-FAX

Cedar City

435-867-0301

Hurricane

435-635-9029

Southern Utah University Early Intervention Program

Description

SUU Early Intervention provides services to children birth to three with developmental delays or disabilities. The program provides early identification and developmental services for families of infants and toddlers, birth to three.

Services

A full assessment of a child's current health and developmental status. Developmental services are provided by licensed speech/language pathologists, physical and occupational therapists, public health nurses and educational teaching staff.

Eligibility

Children birth to three years of age who are delayed in one or more of the following areas: health, vision and hearing, feeding and dressing skills, social and emotional development, communication and language, gross and fine motor development.

Fee Services are free of charge.
Hours 8:00 AM--5:00 PM, Monday--Friday.

CEDAR CITY

Phone **435-586-6070 (Ext. 205)**
Contact Vergeania Davenport, Email vpd@suu.edu
Address 2390 W. Highway 56
Mail Address SUU, P.O. Box 8985
Cedar City, UT 84720

Southern Utah University Student Success Center SUU Advising and Testing Center

Description

Provide appropriate tests and career and academic advising.

Services

National, interest, educational and graduate testing; career and academic advising.

Eligibility Registered and prospective SUU students.

Fee Advising, none; testing, call for fee.

Hours 8 AM-5:30 PM, Monday--Friday,

Contact Carolyn Mensel Heaton

CEDAR CITY

Phone **435-586-5419**
Email sdcs@suu.edu
Address Sharwan Smith Center Room 177, 351 West University
Cedar City, UT 84720

Southern Utah University Student Referral and Placement

Description

SUU job placement for college students and graduates.

Services

Part-time student employment and graduate career job match program. Interviewing, resume writing, and electronic job-search workshops. College courses in job-search strategies and in career decision making.

Eligibility	Current or alumnus of SUU.
Fee	None.
Hours	8:00AM-5:00PM, Monday-Friday.
Contact	Stacia Thomas

CEDAR CITY

Phone	435-586-5420
Email	job\$info@suu.edu
Address	Sharwan Smith Center Rm. 101 351 West University Blvd. Cedar City, UT 84720

Southern Utah University Student Support Services

Description

Help disadvantaged students who may need developmental level college skills.

Services

Reading tests for the blind; individualized programs; tutoring in math and English; developmental classes in math and English; academic support and assessment.

Eligibility	Call for eligibility requirements.
Fee	None.
Hours	8 AM-12 PM, 1 PM-5 PM, Monday-Friday.

CEDAR CITY

Phone	435-586-7845
Location	Student Support Center Smith Ctr. #205 351 West University Blvd. Cedar City, UT 84720

Southern Utah University Wellness Center

Description

The Wellness Center is able to provide basic student health services, clinical psychological services, prevention, and educational programs for alcohol and drugs.

Services

An emphasis is placed upon total wellness and healthy lifestyles. These programs are tailored to fit the specific situations requested by an organization or group. Individual help is offered as needed in any abuse area. Services are also coordinated with other agencies. Diagnostic screening, referrals to specialist as needed. Family Planning, dermatologist.

Eligibility	SUU students only.
Fee	\$10.00 onetime fee and supplies.
Hours	8:00 AM-5:00 PM, Monday-Friday.

CEDAR CITY

Phone	435-586-7718
Location	Sharwan Smith Center
Address	351 West University Blvd. SUU Cedar City UT 84720

Southwest Behavioral Health Center

An agency for Mental Health and Substance Abuse

Description

Includes prevention education, medication management, case management and individual, group and family therapy.

Services

Outpatient treatment and case management services are available for children, adolescents and adults with severe and persistent substance abuse and mental health disorders.

Day programming is available for adults with Serious and Persistent Mental Illness at Independence House in St. George and Oasis House in Cedar City.

Twenty-Four hour crisis services are available within each of the five counties served.

Eligibility Open to public. Contact office for information concerning admission to services.

Fee

Sliding scale fee based on income. **Services to persons who qualify for Medicaid are provided without charge.**

Hours 8 AM-5 PM, Monday-Friday. 24-hour emergency on-call staff.

WASHINGTON COUNTY

Phone 435-634-5601 (Youth Services)

435-634-5602 (Adult Services)

Crisis Line 435-634-5600 (Crisis Line)

Toll Free 435- 574-6763 (Toll Free)

TTY 435-634-5655 (Youth Services)

435-634-5656 (Adult Services)

Fax 435-986-8700

Address 474 West 200 North

St. George, UT 84770

IRON COUNTY

Phone 435- 867-7654

Crisis Line 435-867-7654

TTY 435- 867-7670

Fax 435- 867-7699

Address 245 East 680 South

Cedar City, UT 84720

Continued on next page

BEAVER COUNTY

Phone 435-438-5537
Crisis Line **435-438-5537**
Fax 435-438-5170
Address 330 South Main Street
75 West 1175 North
P.O. Box 1485
Beaver, UT 84713

KANE COUNTY

Phone 435-644-4520
Crisis Line **435-644-4520**
Fax 435-644-4524
Address 310 South 100 East, Suite 11
Kanab, UT 84741

GARFIELD COUNTY

Phone 435-676-8176
Crisis Line **435-676-8176**
Toll-free 1-800-825-7698
Fax 435- 676-2615
Address 609 North Main #6 (PO Box 579)
Panguitch, UT 84759

Southwest Behavioral Health Center Horizon House

Description

Offers residents hope and necessary skills to maintain healthy alcohol/drug-free lives. A 30-day residential program backed by a comprehensive mental health service system.

Services

Evaluation and screening, clinical assessments, individual and group counseling, social detoxification, follow-up and aftercare services. 24-hr staff supervision, mental health and case management services.

Eligibility

Open to residents of the five county area. Priority is given to pregnant women and women with children, IV drug users, and participants of Drug Court and/or the Drug offender reform program.

Fee Sliding scale.
Hours 9AM-5PM, Monday-Friday.
Contact Leslie Riggs Yazzie, Program Coordinator

CEDAR CITY

Phone **435-586-2515**
Address 54 North 200 East
Cedar City, UT 84720

Southwest Center Prevention Services

Description

Prevention is a proactive process which focuses on skill-building for individuals, families, institutions and organizations, including specifically identified high-risk individuals and/or groups within the population.

Services

Services are aimed to impact the general public and local school districts regarding such relevant issues as alcohol, drug and tobacco information, parenting skills, stress reduction techniques, building self-esteem and life skills. These prevention services are provided by local staff who work in each of the five counties.

1. K-12 Alcohol and drug curriculum for schools.
2. Workshops/seminars for all ages.
3. Drug-free workplace seminars.
4. High-risk youth/early intervention.
5. Parenting classes targeted for parents of elementary and/or adolescent ages.
6. Resource and information networking.
7. Teen Living Skills classes and self-development groups.
8. Coordination with statewide organizations and initiatives.
9. Technical assistance to target population groups.
10. Student assistance groups at middle & high schools.
11. Governor's Youth Council groups at secondary schools.
12. Tobacco Education Classes.

WASHINGTON COUNTY

Phone **435-634-5651**
FAX 435- 986-8863

IRON COUNTY

Phone **435-867-7654**

BEAVER COUNTY

Phone **435-438-5537**
Fax 435-438-5170

GARFIELD COUNTY

Phone **435-676-8176**
Fax 435- 676-2615

Kane COUNTY

Phone **435-644-4520**
Fax 435-644-4524

Southwest High School Learning Center

See: Dixie State College Programs this Directory page 50

Southwest Neurological Rehab Center Complete Physical Therapy

Description

The SNRC is one of the most unique and cutting edge clinics of its type in the country. Patients come from all over Utah, Idaho, Washington, Arizona and Nevada for treatment. It offers the most advanced and sophisticated treatments available for neurological injuries. At the same time the SNRC maintains its status as a small independent clinic which allows a very personalized and friendly treatment atmosphere. Most importantly, by being small and independent, this allows one-on-one treatment for an entire hour with a licensed physical therapist or occupational therapist.

Services

Therapy specializing in stroke, spinal cord injury and other neurological injuries..

Fee Varies.
Hours 24 Hours a day, seven days a week.

ST. GEORGE

Phone 435-628-5194
Address 301 North 200 East
St. George, UT 84770



Centro de Salud Comunitario

Southwest Utah Community Health Center

Description

Southwest Utah Community Health Center can provide medical, dental, and behavioral health care services at reduced rates, based on family size and household income.

Services

Services available at Southwest Utah Community Health Center are provided by our physicians, physician assistants, clinical social worker, and dentist. Most of our providers and other staff members are fluent in Spanish and English. Services include, but are not limited to:

Family Health Care

Infant and Child Health Care

Adolescent Medicine

Women's Health Care Services

Prenatal Care and Delivery

Management of Acute & Chronic Problems

Immunizations

Family Planning

Preventive Health Care

Behavioral Health Services

[Dental Health Services](#) (limited)

[Reduced Cost Prescription Medications](#)

[Night, Weekend and Emergency Service](#)

Fee

No one will be denied access to care due to inability to pay full fees. Clients with Medicare, Medicaid, CHIP, PCN and other insurances are welcome.

Hours

8:00 a.m. to 7 p.m. Monday - Friday

St. George

Phone

435-986-2565

168 North 100 East

St. George, Utah 84770

Southwest Utah Public Health Department

DESCRIPTION: Provides services to individuals, families and communities to *prevent* disease and disability and *promote* and *protect* the health of the residents of Southwest Utah.

SERVICES: Staff consists of those who specialize in community health care and preventive medicine; see programs for details.

LOCATIONS:

Beaver County

Address 75 West 1175 North
Beaver, UT 84713
Phone **435-438-2482**
FAX 435-438-2108
URL www.swuhealth.org

Garfield County

Address 609 North Main
Panguitch, UT 84759
Phone **435-676-8800**
FAX 435-676-8865
URL www.swuhealth.org

Iron County

Address 260 E. DL Sargent Dr.
Cedar City, UT 84720
Phone **435-586-2437**
FAX 435-586-4851
URL www.swuhealth.org

Kane County

Address 245 South 200 East
Kanab, UT 84741
Phone **435-644-2537**
FAX 435-644-5024
URL www.swuhealth.org

Washington County

Address 620 South 400 East
Saint George, UT 84770
Phone **435-673-3528**
FAX 435-628-6425
URL www.swuhealth.org

For Programs, see following pages.

Southwest Utah Public Health Department Programs

See page 145 for phone and address of each location for program.

Baby Your Baby

Pre eligibility for Medicaid
Resources for pregnant women
Prenatal education

Children with Special Health Care Needs (CSHCN):

Pediatric specialists provide evaluation and clinical diagnosis for orthopedic, neurology, cardiology, cleft lip/palate, ADD, ADHD, autism, behavior, speech, motor skills, and hearing.

Communicable Disease: 435-986-2556

- Sexual Transmitted Disease information & investigation
- Investigation of all reportable diseases in Utah
- Tuberculosis investigation & treatment
- Contact investigation for HIV positive clients

Emergency Preparedness: 435-986-2579

- Instructs community members on how to prepare for disasters
- Medical Reserve Corp

Environmental Health

- Restaurant Inspections
- Septic Tank Permit
- Food Handlers Classes
- Swimming Pool Inspections
- Body Art Facility Inspections

Family Planning

- Oral Birth Control & Depo-Provera Injections
- Pap Smear & Physical Exam

Immunization

Focuses providing immunizations for vaccine preventable diseases

Injury Prevention: 435-986-2564

- Discount car seats for low income families
- Free car seat checks

International Travel Clinic

- Individual Pre-travel Appointments with Nurse
- Food & Water Safety Education
- Prescriptions, including malaria prophylaxis & traveler's diarrhea
- **Programs continued on following page**

Southwest Utah Public Health Department Programs Cont'

See page 45 for phone and address of each location for program.

Prenatal - 5 years (P-5) Home Visiting Program

- Patient education
- Supplies patient with resources based on needs

Tobacco Prevention & Control: 435-986-2593

- Tobacco Support Group
- Assistance in quitting
- Utah Indoor Clean Air Act Complaints

Vital Records

- Birth and Death Certificates
- Marriage & Divorce documentation

Women Infant & Children (WIC)

WIC is a nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. Nutrition education and counseling, nutritious foods, and help accessing health care are provided to low-income women, infants, and children through the Special Supplemental Nutrition Program, popularly known as WIC.

Breastfeeding Education

Special Education Washington County School District

Description

Special Education includes many specialized programs that are taught and conducted by professionals who have special training and are certified to work with students with behavior problems, communication disorders, hearing and visual impairments, learning disabilities, severe intellectual impairments, motor impairments, and other health impairments which adversely affect a student's educational performance.

Services

A variety of special education programs are provided throughout Washington County. These programs are developed and operated in line with federal and state regulations. In order to access these programs, a student must have a specific handicap.

Continued on following page.

Special Education Washington County School District

Continued

Eligibility

Utah law provides that school-aged children and youth (3 through 21) with a specific disability are eligible for special services. Each child eligible for special education must have an individualized educational program (IEP) before any special or related services are delivered.

Fee

The district is obligated to provide eligible students with disabilities a free, appropriate education.

Hours Call for appointment.

ST. GEORGE

Phone **435-673-3553 Ext. 504**

FAX 435-634-5859

Contact Debra Griffin, Director of Special Education

Email dgriffin@wash.k12.ut.us

Website for resources www.wash.k12.ut.us

Address 121 West Tabernacle
St. George, UT 84770

St. George Care and Rehabilitation Center

Description

Sub Acute Rehabilitation and long-term care with a specialized Alzheimer's unit. Respiratory Care Program. Skilled nursing and rehabilitation is provided for patients who have medical and/or rehabilitation needs.

Services

To provide medical and health care and rehabilitation services to the senior and/or disabled patients. All rehabilitation services offered.

Fee Varies.

Hours 24 Hours a day, seven days a week.

ST. GEORGE

Phone **435-628-0488**

Address 1032 East 100 South
St. George, UT 84770

Step Family Support Group

Description

Step families, tips to better blend family life.

ST. GEORGE

Phone **435-688-4123**
Contact Pat Sapio, IHC Prime Services

Sterling Court

Description

Adult residential and assisted living. "A quality experience in an affordable luxury setting."

Services

Active adult apartments; studios and 1 or 2 bedroom units, gym and indoor fitness pool, computer center, cinema and ice cream parlor, pool room and hobby shop, private and community dining, independent and assisted living.

Fee Varies.

ST. GEORGE

Phone **435-628-1400**
FAX 435-628-8387
Address 324 North 1680 East
St. George, UT 8479

STIT

See: **Short Term Intensive Training** in this directory **page 131**.

Stroke and Brain Injury Support Group

ST. GEORGE

Phone **435-688-4123**
Contact Pat Sapio

Suicide Counseling

Provided by Southwest Behavioral Health Center

Hours 24 hrs a day/ 7 days a week
Phone 435-634-5600

Suicide Referral Hotlines

Phone 1-800-784-2433
National Teen Suicide Hotline—1-800-621-4000
Adult Suicide Crisis—1-800-784-2433

Sun Tran Community Transportation

Phone 435-673-8726
Handicap access with wheelchair ramps.
Call for specific routes and times

For more transportation opportunities see Transportation in this Directory **page 154**.

Survivors of Suicide Loss Support Group

This is a free ongoing support group to anyone who has lost a loved one or a friend to suicide. DRMC.

Call Paula Larsen at 435-652-3890 or 435-688-4331.

Ted Worthen Center for Assisted Living and Continuum of Care

Formerly restricted to Hospice care.

Phone 435-656-4855

The Learning Center for Families

Description/Purpose: Early Intervention and Early Head Start
Parent support and education for children ages pre-birth to three who are vulnerable

Services: Child assessment
Home and center-based programs
Parenting support
Developmental learning for the children
Speech, occupational and physical therapy
Infant-toddler mental health program
Nursing, nutrition and dental health
Hearing and vision assessments for children
Program planning and service coordination
Advocacy
Transportation and child care reimbursement to allow for full participation

We serve all of Washington County and some areas on the Arizona Strip.

Eligibility

For Early Head Start, family or pregnant woman must be at or below the federal poverty guidelines. Youth under 18 are eligible at any income. Children pre-birth through 36 months.

For Early Intervention, the child must have some type of measurable delay in their development or behavior (such as a child who is 2 and not yet talking), or they must have some kind of condition that is strongly linked with developmental delay (such as cerebral palsy). Children ages birth through 36 months.

Fee

There are no fees for the Early Head Start program. There are some minimal fees assessed on a sliding scale for some of the Early Intervention Services.

Hours

We have flexible hours including evenings and weekends. However, our business office is open 8:30-5 Monday - Friday.

Continued on next page

The Learning Center for Families Continued

Contact: Debbie Justice, Executive Director

Phone: 435-673-5353 Greater Washington County
435-874-1313 Hildale and the Arizona Strip

ST GEORGE

Address 1192 W. Sunset Blvd. #2
St. George, UT 84770

HURRICANE

Address 81 North 100 West
Hurricane, UT 84737

HILDALE

Address 1045 W. Utah Ave
Hildale, UT 84784

All Mailing 1192 W. Sunset Blvd. #2
St. George, UT 84770

Website www.tlc4families.org

Wheelchair Access: Yes

Intake Procedure if applicable: Call for an appointment. We can meet with you at one of our centers or in your home or place of business if you prefer.

Languages spoken: English, Spanish, American Sign Language

Tobacco Cessation

Phone 435-986-2563

Tobacco Prevention & Control

Phone 435-986-2593

- Tobacco Support Group
 - Assistance in quitting
- Utah Indoor Clean Air Act Complaints

See address details for all the Five-County area under Southwest Utah Public Health Department in this directory **page 145**.

TOPS Group

Description

Take Off Pounds Sensibly

Hours Thursday, 5:30 PM--7:00 PM

ST. GEORGE

Phone 435-674-1224

Contact Carole

Location Assembly Room, Washington County Library
88 West 100 South

Hurricane 435-635-0837 Cedar City 435-586-3326

Transportation

Ambulance–628-5000 / **Office**–628-4303

Autobus–628-2287

Cabs: Courtesy--688-1990 / Quality Cab--656-5222 / Lucky--688-7771

Cedar Area Transit (CATS)–435-865-4510

Cedar Shuttle–865-1622

Emergency Traveler's Aid–674-5627 (cell 986-3520) Kent Hammond.

Traveler's Aid --Dept of Workforce Services--(435) 986-3520 Fax: (435) 986-3595 162 N. 400 E., St. George. Application necessary.

Greenhound Shuttle 1-877-765-6840

Greyhound Bus Lines 673-2933 1-800-231-2222

Mesquite Cancer Help Society 702-346-0622

Gas vouchers available for Virgin Valley Residents with cancer on special review to others.

Native American Medical Transport–1-888-878-7433 / 505-726-9054

Pick-me-up 1-888-822-1048 cell--801-572-7422-- urgent care / ambulatory, w/c. and stretchers 24 hrs./day

RSVP--674-5757 Retired Citizens Volunteer Program

Salt Lake City Shuttle–1-888-655-RIDE

Sr. Citizen Van Dial-a-Ride: 634-5745 / 634-5716 St. George donation

Sun Tran Community Transportation (435) 673-8726 Handicap access with wheelchair ramps. Call for specific routes, times, ride costs and discounts for seniors.

St. George Shuttle 628-8320 (To Las Vegas airport / SLC airports)

True Victims Bereavement Support Group

Description

A support group for those who are dealing with the suicide of a loved one. Come share your story, listen to others, and/or lend your support.

Phone **435-688-4567**

Turn Community Services

Description

Turn Community Services is a non-profit agency that provides: community integrated options and supports for people with disabilities; caring and supportive day and respite services for adults in need of supervised leisure, social and personal care activities; individualized for development, placement and intensive on-the-job-training; mentoring and advocacy in the community; in-home and community integration supports for children with disabilities who live at home with their families.

Services

Support for disabled in each of the following areas: community living supports; independent living; employment and job coaching, peer coaching; Workforce Services E1, E2, JPTA referrals, Vocational Rehabilitation referrals and Worker's Comp; day supports; senior supports; family supports; respite services; Iron County Summer Program for students with special needs; host home and professional parent services; diversion programs and innovative partnerships designed by people and their families; licensed adult day care; chore and homemaker and accessible transportation.

Eligibility	Call for requirements.
Fee	Determined by eligibility.
Hours	Office hours: 8:00 AM--5 PM, Monday--Friday.

IRON, BEAVER, SEVIER AND GARFIELD COUNTIES

Phone **435-586-1128**
295 South 200 East
Cedar City, UT 84720

WASHINGTON AND KANE COUNTIES

Phone **435-673-5251**
334 West Tabernacle #F
St. George, UT 84770

WASATCH FRONT

Phone **801-866-359-TURN**
FAX 1-800-684-0017
Website www.TURN.nu
Address 850 South Main
Salt Lake City, UT 84101

Twelve-Step Recovery Group

New Covenant Christian Center

Call: 435-674-4836; 435-673-6658

Unemployment Insurance

Description

To help alleviate economic hardship when an individual suffers loss of income through involuntary unemployment; maintain purchasing power in the economy to prevent severe economic depression. Unemployment provides temporary benefits to unemployed workers.

Services

To file a new claim or reopen an existing claim for unemployment insurance benefits, call.

Eligibility

Must have earned at least \$1900 during a specific period of time referred to as a "base period" (four completed calendar quarters); total base period earnings must be equal to 1 1/2 times the amount of wages paid to you during the calendar quarter in which you earned the most money during your base period.

Fee No cost to claimant.

Hours 7:30 AM-5:00 PM, Monday-Friday.

Please have the following information available when you call: Social Security number, Alien Registration number (if you are not a U.S. citizen), Utah drivers license number or Utah ID number; be prepared to provide complete names and addresses of all employers that you worked for during the past 18 months.

Salt Lake City

Toll-free 1-888-848-0688

United Way Dixie

Mission Partners in caring for one another.

Services

Resource and referral; funding for local non-profits to help meet the needs of the community; promote and support volunteerism.

ST. GEORGE

Phone **435-674-5939**
FAX 435-673-3540
Email info@dixieunitedway.org
Website www.dixieunitedway.org
Address 1070 West 1600 South Bldg. B
St. George, UT 84770
Donations P.O. Box 895, St. George, UT 84771-0895

Upward Bound

Description

Academic advisement, career counseling, financial aid, college tours, community services referral and general post secondary support. One hundred students are served at the following high schools: Enterprise, Dixie, Fredonia, Hurricane, Kanab, Moapa Valley, Pine View, Snow Canyon, Valley, and Virgin Valley.

Fee None.

Hours 8:00AM-5:00PM, Monday-Friday.

ST. GEORGE

Phone **435-652-7659**

Utah Assistive Technology Foundation

Description

Low-interest financing to buy assistive technology for all ages and disabilities.

Services

Provides zero and low-interest loans to purchase assistive technology devices (adapted vans, walkers, wheelchairs, scooters, Recreational equipment, home and work modification etc.) and services.

Eligibility Utah resident with a disability.

LOGAN, UT

Phone **1-800-524-5152**
Email uatf@cpd2
Website www.uatf.org

Utah Family and Information Resource Center

Description

The Family Resource Center is a clearinghouse of referrals and information on positive parenting, child development, academic achievement, literacy, learning disabilities, life skills and character development, drug and alcohol prevention and support for tough parenting issues.

Services

Classes and workshops are offered in:

Parenting with Love and Logic

Strengthening Families

Survival Skills for Healthy Families (English or Spanish)

Multiple Intelligences: Help Your Child Soar

Forty Developmental Assets

Relationship Enhancement

7 Habits for Highly Effective Families

Family Reading Program

Involved Parents: Key to School Success

Homework Helps

Literacy

Family education Plans (FEP)

Also a lending library, brochures, pamphlets, books, tapes and videos.

Eligibility Need.

Hours 10:00 AM-5:00 PM, Monday-Thursday

Contact Liz Dayton

ST. GEORGE

Phone 435-673-3553 #365

Address 15 South 100 West #101

St. George, UT 84770

Utah Foster Care Foundation

Description

We serve Utah's foster children by finding, educating and nurturing foster families.

Services

We find and recruit stable, willing individuals and families who will nurture and guide children in need. We educate prospective foster families with current parenting strategies and support materials, and provide

Continued on following page

Utah Foster Care Foundation Continued

an honest picture of foster parenting. We serve as a resource for information and counseling, coordinate relief care and offer other activities to support foster families.

Contact Debbie Hofhines (coordinator)

ST. GEORGE

Phone **435-656-8065**

Toll-free 1-877-656-8065

Address 321 North Mall Drive, Suite B102

Email debbie@utahfostercare.org

St. George, UT 84790

Salt Lake City

(Toll-free) **877-505-KIDS (5437)**

Utah Legal Services

Description

Utah Legal Services is a non-profit agency created in 1974 to help low-income people with some of their legal problems.

Services

The purpose of Utah Legal Services is to provide free legal help to low-income Utahns in non-criminal cases. Utah Legal Services annually assists about 15,000 Utahns with a variety of legal problems.

Eligibility

Based on income. Generally at or below 125% of federal poverty levels. A person may also qualify based on age or the nature of their legal problem, no matter what their income is. Since these factors are sometimes complex, we encourage you to call Utah Legal Services for assistance.

Fee None.

Hours 8:30 AM--4:00 PM (intake hours), M–F.

Contact Steve Julien

(All new clients or existing clients with a new problem need to call Salt Lake Central Intake Unit: 1-800-662-4245.

CEDAR CITY

Phone **435-586-2571 or 1-800-662-1772**

FAX 435-586-1013

Email sjulien@utahlegalservices.org

Address 965 South Main, No. 3
Cedar City, UT 84720

Website: www.utahlegalservices.org

Utah Living Will and Power of Attorney for Health Care Forms

On the internet, print out your own copy and fill it in. Access through utah.gov or follow these links:

[Http:hsdaas.utah.gov /advance_directives.htm](http://hsdaas.utah.gov/advance_directives.htm)

Utah Living Will.

For a living will, you need two witnesses. Two co-workers can serve as witnesses.

Utah Power of Attorney for Health Care.

For a health care power of attorney, you need a notary.

Utah Parent Center

Description

The Utah Parent Center provides information to parents and other professionals who work with children with disabilities. Orientations are available for any interested group, organization or agency. The Utah Parent Center has fact sheets, pamphlets and other information in the many areas of focus.

Services

Featuring: information, services information and referral, laws, rules, regulations and procedures, parents of children with similar needs, communication and conferencing skills, diagnosis/assessment, parent's role in the education decision making process, a special needs child in your family, behavior management, transition, problem solving, stress management, parent-to-parent program, parent consultants.

Eligibility	Need.
Fee	None.
Hours	Call for details.

SALT LAKE CITY

Phone **1-800-468-1160**
Address 2290 East 4500 South #110
Salt Lake City, UT 84117

UtahSaves

Administered through Utah State University Extension Services

Description.

Utah Saves is a strategic initiative created to help all Utahns build assets, reduce debt, and create long-term financial security. Utah Saves is a broad-based community effort involving more than 70 businesses, community groups, churches, government agencies, universities, and financial institutions.

Services

Access to asset-building programs that match savings, assist with tax preparation, enable low-income families to take advantage of Federal Earned Income Credits that are available, etc. Free how-to seminars on specific financial planning topics

Wealth-building workshops that help motivate people to save and plan.

Free one -*Money Matters* newsletter features financial education opportunities and the latest financial news, savings tips, and motivational stories of current Utah Savers available.

Utah Saves Moneyline: 1-800-350-9899 available Monday-Friday 7:00 a.m.-7:00p.m.and on Saturdays 10:00 a.m. to 2:00 p.m. that Savers can call with any financial question, for referrals to additional resources or to enroll.

Fee

A wide range of no-fee or reduced-fee financial products including IRA's, savings accounts, mutual funds, etc. will be available..

Eligibility

Financial incentives to save, targeted at lower income households

Hours 8 AM - 5PM Monday - Friday

Location:

USU Extension Services

See Page 163 for contact information.

Utah State Legislators for Five-County Area 2008

Who are Your Legislators?

Find your legislators online at www.vote-smart.org. Enter your 9-digit zip code (there is a link to look it up if you don't know all 9 digits.)

Your county clerk can also tell you who your legislator is and can help you register to vote. Call the number listed below for your county:

Beaver County

Post Office Box 789, Beaver, UT 84713 Phone: 435-438-6466

Commissioner Chair Donald J. Willden Email: dwillden@scintern.net

Commissioner William L. Dalton

Email: beavercounty@beaver.state.ut.us

Chad W. Johnson

Email: chadw@beaver.state.ut.us

Garfield County

Post Office Box 77, Panguitch, UT 84759 Phone: 435-676-8826

Commission Chair D. Maloy Dodds

Commissioner H. Dell LeFevre

Commissioner Clare Ramsay

Iron County

Post Office Box 429, Parowan, UT 84761 Phone: 435-477-8340

Commission Chair Wayne A. Smith

Commissioner Lois Bulloch

Commissioner Alma Adams

Kane County

76 North Main Street, Kanab, UT 84741-3209 Phone: 435-644-2458

Commission Chair Daniel Hulet

Email: commiss@kanab.net

Commissioner Mark Habbeshaw

Email: commiss@kanab.net

Commissioner Duke Cox

Email: commiss@kanab.net

Washington County

197 East Tabernacle Street Saint George, UT 84770 Phone: 435-634-5700

Commission Chair James J. Eardley

Email: jeardley@washco.state.ut.us

Commissioner Alan D. Gardner

Email: adgardner@washco.state.ut.us

Commissioner Dennis B. Drake

Email: dennyd@washco.state.ut.us

Utah State Office of Rehabilitation

See:

- **Services for the Blind and Visually Impaired** page 129
 - **Services to People with Disabilities** page 44, 130
 - **Southern Utah Division of Services to the Deaf and Hard-of-Hearing**
page 134
 - **Vocational Rehabilitation** page 167
-

Utah State University Extension Service

Description Family and Consumer Sciences: Address individual and family concerns related to family relationships, child care and development, nutrition and food preparation, safe food handling, preservation, financial management and consumer skills, selection and care of clothing and social issues which affect the family. Agriculture/Horticulture: Address individual and family concerns related to gardening, food production, yard maintenance, pest control, farm animal and agriculture production. Youth/4-H: Provide individual and group programs and projects for youth ages third through twelfth grade..

Services Provide individual and group educational programs and resource materials; present and arrange workshops and seminars; address individual questions and concerns. Family Nutrition Program: Nutrition assistants hold individual lessons or group classes on nutrition and can help clients learn how to make food money last longer, shopping and preparation skills, recipes and feeding infants and children.

Eligibility Open to needs and wants.

Fee None.

Hours 8:30 AM-12:00 PM and 1:00 PM-5:00 PM, M–F.

<http://extension.usu.edu/coop/regions/index>.

WASHINGTON COUNTY

Phone **435-634-5706**

FAX 435- 652-5870

Address 197 East Tabernacle
St. George, UT 84770

IRON COUNTY

Phone **435-586-8132**

Email iron@ext.usu.edu

Address 585 North Main St., #5
P.O. Box 69
Cedar City, UT 84720

Utah State University Extension Service continued

BEAVER COUNTY

Phone **435-438-6451**
Location Located at the
County Courthouse
Address PO Box 466
Beaver, UT 84713

GARFIELD COUNTY

Phone **435-676-1113**
Location County Courthouse
Address PO Box 77
Panguitch, UT 84759

Utah State University Extension Service Nutrition Education Programs

Description

Education in cooperation with food assistance programs (food stamps, WIC etc.).

Services

Nutrition assistants from similar backgrounds teach participants on their own level. The program promotes wise nutrition choices, teaches practical cooking skills, menu planning and shopping skills.

Eligibility

(1) Individuals with young children. These homemakers are given priority in enrollment. (2) Families receiving public assistance. (3) Unemployed families with a low level of formal schooling. (4) Families living in housing that is in need of extensive repair or replacement. (5) One wage-earner with a relatively large number of children, youth and/or elderly dependents. (6) Employed family members with a heavy burden to support the household.

Hours

8:30 AM-12:00 Noon and 1:00 PM-5:00 PM Monday--Friday.

ST. GEORGE

Phone **435- 652-5814**
Location Washington County Extension Division of Utah State
University
Address 197 East Tabernacle
St. George, UT 84770

CEDAR CITY

Phone **435-586-8132**
Address 585 North Main, Suite #5
Cedar City, UT 84720

BEAVER COUNTY

Phone **435-438-6451**
Location Located at the County Courthouse
Address PO Box 466
Beaver, UT 84713

GARFIELD COUNTY

Phone **435-676-1113**
Location County Courthouse
Address PO Box 77
Panguitch, UT 84759

Valley Medical Clinic in Kanab

Phone **435-648-2108**

Valley View Medical Center**Description**

Valley View Medical Center is a 48 bed acute care facility offering both inpatient and out patient services.

Services

Medical, surgical, OB, nursery and post-partum, critical care, inpatient and outpatient surgical services, diagnostic imaging, laboratory services, respiratory care, social services, emergency dept., diabetic education, home care and Hospice, pharmacy and visiting physicians in cardiology, pulmonology, oncology and ENT. Medicare, Medicaid, 3rd party payers and charity care as required.

CEDAR CITY

Phone **435-868-5000**
Address 1303 North Main
Cedar City, UT 84720

Veterans Health Center Clinic

Description

Offering local veterans health care opportunities with Primary Care opportunities, regular checkups and more.

Eligibility Veteran, call for details.

ST. GEORGE

Phone **435-634-7608**
FAX 435-674-0092
Address 1067 East Tabernacle
St. George, UT 84770

Veteran Services, LVER

Assist local veterans in receiving appropriate services, preference in referrals to job openings and training opportunities.

Assists with the following: job placement, job development, counseling, labor market information and job seeking skills, application for benefits and related services.

Salt Lake City
Toll-free **1-800-827-1000**

Victim Services

Court advocate who will assist victims of crime with protective orders and prepare for court.

St. George area only.

Phone **435-628-2408**

Virgin Valley Home Care /Hospice

Description

Home care services for southern Nevada and northern Arizona.

Address **702-346-7565 (MESQUITE)**
355 West Mesquite Blvd. Suite B50,
Mesquite, NV 89027

Virgin Valley Medical

Serves Beaver Dam, AZ, Littlefield AZ., Mesquite and Moapa, NV.

Phone **702-345-5000**
Address 210 North Sandhill Dr., Mesquite, NV 89204

Vital Records

Southwest Utah Public Health Department Program

Birth and Death Certificates
Marriage & Divorce documentation

See address details and contact information for all the Five-County area under Southwest Utah Public Health Department in this Directory **page 145**.

Vocational Rehabilitation

Utah State Office of Rehabilitation Program

Description

Diagnostic and vocational evaluation, vocational counseling and guidance, vocational training, physical restoration services, purchase of equipment necessary for clients' success in training, job development resulting in employment of individual.

Services

To rehabilitate vocationally disabled individuals into employment.

Eligibility

1) Client must have a vocational disabling medical, or psychological condition. 2) There must be a reasonable expectation that the provision of Vocational Rehabilitation services will result in the client's becoming gainfully employed.

Fee

No cost for determination of eligibility. If eligible, client will be expected to contribute financially to his/her Vocational Rehabilitation program in accordance with an economic need determination.

Hours 8:00 AM - 5:00 PM Monday-Friday.

CEDAR CITY

Phone **435-586-9995**
Address 927 South Main
Cedar City, UT 84720

ST. GEORGE

Phone **435-673-5091** (number w/change 3/2008)
1067 East Tabernacle #10
965 East 700 South # 202 (Beg. Mar. 2008)
St. George, UT 84770

Volunteer Centers

Five-County AOG Programs

Description: Countywide umbrella organizations with a mission to mobilize people and resources to deliver creative solutions to community needs. Volunteer Centers recruit and train volunteers and provide non-profit agencies, businesses, clubs, church groups, families or individuals with suggestions for appropriate service projects, volunteer sites and/or support or assignments to fit their interest and time constraints.

Services: Southern Utah Volunteer Centers maintain an extensive database of volunteers and their skills; as well as local organizations, community needs, service projects and current volunteer opportunities.

Eligibility: A desire to serve the community.

Programs: See individual program listings in directory for specific information.

- Court-Ordered Community Service Program
- Foster Grandparent Program (FGP)*
- Health Insurance Information Program (HIIP)
- Retired and Senior Volunteer Program (RSVP)*
- Senior Companion Program (SCP)*
- Youth Volunteer Corps (YVC)
- Other: Additional volunteer programs will exist in each center.

*Not all centers provide or administer the same programs. The Senior Corps programs (RSVP, FGP and SCP) in Iron, Beaver and Garfield Counties are administered by the Director of the Volunteer Center of Iron County. Garfield County's volunteer center is a stand alone center. They do not administer the Senior Corps programs. Washington County Volunteer Center administers all the listed programs.

Volunteer Center of Washington County

435-674-5757

1070 W. 1600 South, Bldg. B
St. George, UT 84770

volcenter@fcaog.state.ut.us

Volunteer Center of Garfield County

435-679-8761

POB 291
Tropic, UT 84776

horses@color-country.net

Volunteer Center of Iron and Beaver Counties

435-867-8384

88 E. Fiddlers Canyon Road, Ste. H
Cedar City, UT 84720

Volunteer Center of Kane County

435-644-3696

178 S. 100 East
Kanab, UT 84741

volunteercenter@kanab.net

Washington County Youth Crisis Center—Youth Services

Description

Operated by the Division of Juvenile Justice Services, the Youth Services program is free to youth and families and is designed to resolve conflict for families where a youth is ungovernable or a runaway, or when there are other crisis situations involving the family unit. The goal is to divert youth from entering or escalating in the Juvenile Justice System.

Services:

Crisis intervention and short term (up to 60 days) counseling, ies.

Eligibility

Youth 10 through 17 years of age and their families. Not for youth on formal probation with Juvenile Court or receiving services from another Department of Human Services agency.

Placement through Law Enforcement, Division of Child and Family Services, or Youth Services Coordinator.

Fee Free of charge

Hours Crisis Intervention available 24 hours per day. Counseling and follow up available by appointment, generally 9am to 5pm Monday - Friday.

Referrals Crisis Intervention call 435-656-6100 or come in at 251 East 200 North St. George.

Counseling, referral services call **435-656-6135** to schedule an appointment

Juvenile Justice Services-- Juvenile Detention

Dixie Area Detention

330 S. 5300 W.

Hurricane, UT 84737

435-627-2800

Location for Washington County Youth Crisis Center

St. George

251 E 200 North

St. George, UT 84770

435-656-6100

Iron County

Iron County Youth Center

435-586-1704

Weatherization Program

Five-Co AOG Program

Description

Approved weatherization activities are as follows: caulking, weather stripping, replacing necessary windows and doors, installation of insulation in attics and walls, installation of storm windows, if appropriate, furnace repair, and all other measures to stop air infiltration.

Services

To weatherize low-income homes; to help lessen the impact of the high cost of energy on the household budgets (particularly the elderly and disabled.)

Eligibility

Income Guidelines-Weatherization Assistance Program -State of Utah.

Fee

None.

Hours

8AM-5PM, Monday-Friday.

All Five Counties

Contact

Doug Carlson

Phone

435- 586-0585

Address

88 East Fiddlers Canyon Road, Suite H
Cedar City, UT 84720

WIC

Women Infant & Children

Southwest Utah Public Health Program

WIC is a nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy. Nutrition education and counseling, nutritious foods, and help accessing health care are provided to low-income women, infants, and children through the Special Supplemental Nutrition Program, popularly known as WIC.

Breastfeeding Education available

See address details for Five-County area under **Southwest Utah Public Health Department** in this Directory, **page 145**.

Women's Support Group

Description

Support group for women who are survivors of physical and/or emotional abuse or coping with a controlling relationship.

Hours Call for details.

ST. GEORGE

Phone 435-652-2994

Contact Ruth Huth

Women's Support Group

Description

For women in or from the polygamous community.

Phone 435-652-2953; 435-652-2994

Youth and Families with Promise

Description

Through the Utah State University Extension Services, Youth and Families with Promise provides mentors for youth (ages 10-14) and their families. The mentors are College students and adult volunteers. The mentors help the youth and families focus on: Community service, structured recreation, community involvement, involvement in 4-H, behavior and social skills, and academic tutoring. Youth may be referred by schools, religious leaders, parents, court and other sponsoring agencies. Youth and Families with Promise provides positive role models and creates opportunities to interact, work, play, and learn in a positive environment.

Services Youth and family mentors.

Eligibility

Referrals from school, family or agency. Youth ages 10 to 14. Program currently limited to 45 youth.

Hours 8:30 AM-12:00 Noon and 1:00 PM-5:00 PM M-Friday.

WASHINGTON COUNTY

Phone 435-673-3553 Ext. 363

Address 15 South 100 West
St. George, UT 84770

(At the Utah Family Information Resource Center)

Continued on the following page

Youth and Families with Promise Continued

IRON COUNTY

Phone **435-586-8132**
Address 585 North Main St., #5,
P.O. Box 69
Cedar City, UT 84720

BEAVER COUNTY

Phone **435-438-6451**
Location County Courthouse
Address PO Box 466
Beaver, UT 84713

GARFIELD COUNTY

Location County Courthouse
Phone **435-676-1113**
Address PO Box 77
Panguitch, UT 84759

KANE COUNTY

Phone **435-644-2551**
FAX 435-644-2052
Address 76 North Main #17
Kanab, UT 84741

Youth Crisis Centers

Description

24-hour crisis shelter for youth ages 10-17 years of age

Services

Provide a safe, neutral environment to observe and assess behaviors, implement behavior modification through structured program that includes independent living skills, tutoring, recreation, and other coordinated efforts with families, schools, case workers, and all other Allied agencies.

Also available through these facilities:

- Youth Services/Crisis Intervention
- Outreach/RAW for teens struggling with family and school issues
- Family Guidance Resource Information

Eligibility

Must be placed through the Division of Child and Family Services, by Law Enforcement, or a referral from Youth Services Coordinator.

Iron County Youth Center

Phone: 435-586-1704

Washington County Youth Crisis Center Phone: 435-656-6100

See also **page 169** for more services in Washington County.

Youth Volunteer Corps

Description

Youth Volunteer Corps of Washington County engages youth volunteers in meaningful and rewarding service and service-learning while addressing unmet community needs and developing a lifetime commitment to service for youth volunteers, age 11-18.

ST. GEORGE

Location **Volunteer Center of Washington County**

1070 W. 1600 South, Bldg. B

Phone **435-674-5757**

Address Linda Sappington, Director
Volunteer Center of Washington County
1070 W. 1600 South, Bldg. B
St. George, UT 84770

Email e-mail volcenter@fcaog.state.ut.us

Zion Canyon Medical Clinic

Contact Medical Facilities

SPRINGDALE

Phone **435-772-3226**

Zion Pharmacy

Description

Rent or sell medical equipment/oxygen to homes or medical facilities.

Services Wheelchairs, walkers, crutches and canes.

Eligibility None.

Fee Call.

Hours 9AM-7PM, Monday-Friday, 9AM-4PM, Saturday.

KANAB

Phone **435-644-2693** or **435-644-2335**, 24-hour on-call number

Address 14 East Center
Kanab, UT 84741



Zion's Way Hospice

Description

Full service hospice committed to the life affirming art of end of life care. Proactive professionals will extend comfort and dignity to patients while honoring their unique differences.

Services

Registered nursing services, certified nursing aids, medical social workers, spiritual care services, volunteers, alternative and complimentary services and medical director.

Eligibility and Fee

This is a fully funded Medicare benefit. It may also be covered by Medicaid, private payment and many insurance's policies.

Hours

Business office: 89AM-5PM, Monday-Friday. On-call 24 hours, 7 days a week.

ST. GEORGE

Phone 435-688-0648
Toll Free 435-888-0648
Address 192 East 200 North Ste. 101
St. George, Utah 84770
Email shaslam@zionswayhospice.com
Website www.zionswayhospice.com

Zion's Way Hospice Bereavement Group

St. George, Cedar City and Parowan

Contact Jean Goode

ST. GEORGE

Phone 435-688-0648
Toll Free 435-888-0648
Address 192 East 200 North Ste. 101
St. George, Utah 84770
Email shaslam@zionswayhospice.com

The Best Thing We Do is Keep You at Home!



Dignity

Health

& Home Care

**CARE GIVING FOR THE
ELDERLY & DISABLED**

CNA's / HHA's

Companions/Drivers

Hospital Private Duty - Sitters

Housekeeping - Meal Plan/Prep

(435) **656-1833**

toll free: 1-888-384-7744

Hourly - Daily - Weekly - Live In - Live Out - Affordable

*Community Health Center
of St. George*



Centro de Salud Comunitario



Southern Utah

Home Care & Hospice

800-748-4667

Oxygen & Medical Equipment

888-635-0202

" A Tradition of Caring "

A locally owned, Southern Utah company since 1990.
www.nursingathome.com

*Because there's no
place like home.
We'll be there when
you need us!*



RED ROCK CENTER FOR INDEPENDENCE

A stylized silhouette of a mountain range in a reddish-brown color, positioned above the text.